



TECHNICAL RULES FOR
ISF WSC TRIATHLON
UPDATED OCTOBER 28, 2017

"We are school sport"



The competition will be run according to current ISF and ITU rules under the direction of the technical team of the Local Organising Committee.

Specific ISF regulations are:

1. a. The competition is open both to school teams and selected teams.
 - b. There will be a competition organised in the following categories:
 - school teams, boys,
 - school teams, girls,
 - selected teams, boys,
 - selected teams, girls.
 - c. Each country may enter only one team in each age category.
 - d. Each competitor may only compete in one team.
2. All competitors of the school team must have been enrolled the same school since the beginning of the school year.
3. All competitors of the selected team must have been enrolled at a school in the country concerned since the beginning of the school year.
4. Students aged 18, 17, 16, and 15 years on 31 December of the year of the World Schools Championship concerned can participate.
5. Each team shall be composed of a minimum of 1 and a maximum of 4 competitors and 1 teacher/coach.
6. The athletes must be enrolled as full-time students at the school which they represent. They must be attending schools which provide a general education.

The following are not eligible to participate:

- a. pupils of vocational schools who only attend that school as a complement to their vocational training,
 - b. school teams and pupils enrolled at schools which provide sports training without any general education,
 - c. part-time (e.g. afternoon) sports schools which take pupils from a variety of schools for training in one or more sports,
 - d. teams formed as part of clubs, companies, universities or other institutions.
7. Each participating team must be nominated officially by the organisation responsible for school sport and which is member of ISF.
 8. Only athletes, registered on the team's list handed in at the accreditation, are authorised to take part in this competition.
 9. Mixed teams are not allowed.

10. System of the competition:

Individual Race distance:

- 16-15 years old: 400 m + 10 km + 2,5 km for both school and selected teams
- 17-18 years old: 750 m + 20 km + 5 km for both school and selected teams

Each delegation can enter 1 to 4 boys or 1 to 4 girls per category but maximum 16 participants in total. A country that enters only one participant can choose in which category this boy or girl starts, 'individual school' representing his or her school or 'individual selected' representing his/her country's school sport. From 2 participants it depends if these participants are from the same school (school category) or not (selected category).

Relay Race distance:

- 200 m + 5 km + 1,5 km for each race

The triathletes in the team take turns when finishing the above-mentioned race (swim, run, bike). The Relay Race thus comprises 4 individual races, one after the other.

To participate in the relay, it is mandatory to have participated in the individual competition.

The relay is for mixed teams of 4 triathletes only (2 boys and 2 girls only).

Each delegation can enter maximum 4 relay teams.

Each delegation can enter 1 or 2 relay teams in the same category but maximum 4 teams in total.

Countries that want to participate in the relays and do not have 2 boys and 2 girls in the same category can complete the team with triathletes from other participating countries or from the host country (request via bulletin 2 or 3). These teams will however not be able to win the title.

11. Prize-giving.

- a. Each participant will receive a commemorative certificate.
- b. The title of individual world champion is awarded to each of the categories, 8 podia.
- c. The title of team world champion is awarded only to mixed teams, 4 podia

NB. Additional information will be included in bulletin 1, 2 and/or 3 of the relevant event