Bulletin 1

ISF WORLD SCHOOL CHAMPIONSHIP
CROSS COUNTRY
2020

ŠTRBSKÉ PLESO, SLOVAKIA
18-23/04/2020
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INTRODUCTION

ISF World Schools Championships (WSC) are events characterised by a balanced programme between sport and educational content: the balance between sport and education is to create awareness about the role of sport in putting forward topics such as fair play, healthy lifestyle, respect, inclusion. WSCs are open to the participation of school and selected teams. WSCs are team competitions, meaning that individual events do not award any medals, but only contribute to the final team result. The number of teams per delegation per category differs from sport to sport.

One ISF member may enter the WSC with more than one school team and one selected team per category.

Age categories for WSC are outlined in the respective sport-specific rules.

The educational programme and the sport format of the event shall always be adapted to the age of participants: in general, in events for lower age categories, the educational content will have a more prominent role.

ORGANISATION

1. Management

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Slovak School Sport Association</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><a href="mailto:sass@sass.sk">sass@sass.sk</a></td>
</tr>
<tr>
<td>LOC President</td>
<td>Mr. Roman Kralik</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:rksprinter@hotmail.com">rksprinter@hotmail.com</a></td>
</tr>
<tr>
<td></td>
<td>+421905340217</td>
</tr>
<tr>
<td>ISF Delegate</td>
<td>Mr. Nicos Megalemos</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:nicolaosmegalemos@gmail.com">nicolaosmegalemos@gmail.com</a></td>
</tr>
<tr>
<td>ISF Technical Commission President</td>
<td>Mr. Nihat Doker</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:nihatdoker@gmail.com">nihatdoker@gmail.com</a></td>
</tr>
<tr>
<td>ISF Sports Director</td>
<td>Mr. Josip Kosutic</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:josip.kosutic@isfsports.org">josip.kosutic@isfsports.org</a></td>
</tr>
</tbody>
</table>

2. Travelling & Visa

Travel as far as Krakov Airport (Poland); Poprad–Tatry Airport (Slovakia) and Airport Kosice (Slovakia) is to be arranged and financed by each participating country. When the distance between the host city and the capital of a participating country on another continent exceeds 5000km, the delegation may extend its stay by arriving one day earlier or leaving one day later at the standard daily fee.

Delegations are to arrive on 18.4. 2020 and depart on 23.4. 2020 after breakfast.

The organisation of an extended stay for the delegation (before or after the event) is a matter for the country concerned. It shall not be the responsibility of the Local Organising Committee (LOC).
1. Participation

The WSC Cross Country is open to school and selected teams.

All participants in a school team must be enrolled at the same school since the beginning of the school year in which the event takes place.

All students in the selected team must have been enrolled at a school since the beginning of the school year in which the event takes place.

All students must be attending schools which provide a general education. The following are not eligible to participate:

- Pupils of vocational schools who only attend that school as a complement to their vocational training.
- School teams and pupils enrolled at schools which provide sports training without any general education.
- Part-time sport schools which take pupils from a variety of schools for training in one or more sports.
- Teams formed as part of clubs, companies, universities or other institutions.

Participants obligations:

- Each participant is required to be present throughout the whole duration of the event.
- Each participant is obliged to take part in all the non-sport activities.
- Each team undertakes to compete against all other participating teams.
- Each participant undertakes to compete against all other participants.
- The absence of any member of a participating team from any part of the entire sport, opening, prize-giving and closing ceremonies and socio-cultural programme may result in the team being excluded from the final results.

The championship will be held in 4 different categories:

- School Girls
- Selected Girls
- School Boys
- Selected Boys

Each country may enter up to 3 school teams per category and 1 selected teams per category (see REGISTRATION). Delegations who are registering selected teams to participate in the ISF WSC Cross Country event, are not obligated to first register school teams.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>GENDER</th>
<th>AGE CATEGORY</th>
<th># ATHLETES/TEAM (min-max)</th>
<th># COACHES/TEACHERS</th>
<th># TEAMS allowed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>School Boys</td>
<td></td>
<td>4-6</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Selected Girls</td>
<td></td>
<td>4-6</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Selected Boys</td>
<td></td>
<td>4-6</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>
2. Composition of the delegation

<table>
<thead>
<tr>
<th># Teams</th>
<th>#HoD</th>
<th># ATHLETES (min-max)</th>
<th># COACHES</th>
<th># ADDITIONAL ADULTS (max)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>4-6</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td>1</td>
<td>8-12</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>3</td>
<td>1</td>
<td>12-18</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>1</td>
<td>16-24</td>
<td>4</td>
<td>8</td>
</tr>
<tr>
<td>5</td>
<td>1</td>
<td>20-30</td>
<td>5</td>
<td>8</td>
</tr>
<tr>
<td>6</td>
<td>1</td>
<td>24-36</td>
<td>6</td>
<td>8</td>
</tr>
<tr>
<td>7</td>
<td>1</td>
<td>28-42</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>8</td>
<td>1</td>
<td>32-48</td>
<td>8</td>
<td>8</td>
</tr>
</tbody>
</table>

**Head of Delegation (HoD)**

He/she may not combine the function with the role of coach or another official role. He/she shall be the sole intermediary between the delegation and the Local Organising Committee, the ISF Technical Commission and the ISF Delegate.

**Coach**

There is a mandatory amount of 1 coach per team.

**Additional adults**

The function of each additional adult must be specified during the registration process (doctor, physiotherapist, interpreter, security personnel, ministry representative, media, etc...). Delegations can register up to 4 additional adults if they participate with up to 3 teams; 8 additional adults can be registered with more than 3 teams participating. Any other additional person not specified during registration or exceeding the quotas specified in this document will not be considered part of the official delegation and will not be accredited by the LOC.

3. Technical Rules

The WSC Cross Country will be held under IAAF regulations and ISF Cross Country rules [https://www.isfsports.org/cross-country](https://www.isfsports.org/cross-country), under the supervision of the ISF Technical Commission for Athletics.

4. Anti-doping

Dope testing for use of banned substances can take place during the competition according to current ISF Anti-Doping Rules [http://isfsports.org/sites/default/files/isf-anti-doping-rules_0.pdf](http://isfsports.org/sites/default/files/isf-anti-doping-rules_0.pdf).

If selected for testing, a competitor, if minor, must be accompanied by an adult. If a competitor is following a course of medical treatment which includes the use of prohibited substances according to the current WADA prohibited list, he/she must obtain a TUE (Therapeutic Use Exemption) from his/her National Anti Doping Agency (NADO).
Administration

1. Registration

Registration will only be possible through ERAS the ISF onlyne registration platform (https://isf-eras.org/). No other registration system shall be accepted.

Registration phase 1 for the ISF WSC Cross Country 2020 shall be from October 7, 2019 to November 30, 2019. During registration phase 1 all countries will be requested to indicate the number of teams per category that they wish to enter. All first teams in each category will be accepted; a decision concerning the second and third teams shall be made by the ISF by December 31, 2019, depending on the total participation quota indicated by the LOC.

Registration phase 1 for selected teams is open until 1st February 2020.

All countries are expected to pay the deposits for their first teams or to reach an LOC agreement (see chapter below) by December 31, 2019. Registration phase 2 will only be open after the deposit has been paid or an LOC agreement has been reached by the delegation concerned.

The ISF shall inform all registered country about the possibility to go through with the entry of a extra teams. All deposits for the extra teams and selected teams are to be paid by January 31, 2020.

Registration phase 2 shall be open from January 1, 2020 to February 10, 2020: during registration phase 2 all countries are expected to enter the exact number of the delegation members.

Registration deadlines

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 7, 2019</td>
<td>Opening of registration phase 1</td>
</tr>
<tr>
<td>November 30, 2019</td>
<td>Closing of registration phase 1</td>
</tr>
<tr>
<td>December 17, 2019</td>
<td>Opening of registration phase 1 – selected teams</td>
</tr>
<tr>
<td>December 31, 2019</td>
<td>Payment of deposits (first teams) or LOC agreement</td>
</tr>
<tr>
<td>January 1, 2020</td>
<td>Opening of registration phase 2</td>
</tr>
<tr>
<td>January 31, 2020</td>
<td>Payment of the deposits for the extra and selected teams</td>
</tr>
<tr>
<td>February 1, 2020</td>
<td>Closing of registration phase 1 - selected teams</td>
</tr>
<tr>
<td>February 10, 2020</td>
<td>Closing of registration phase 2</td>
</tr>
<tr>
<td>March 1, 2020</td>
<td>Closing of registration phase – selected teams</td>
</tr>
</tbody>
</table>

2. Fees

a. Participation

In accordance with the rules laid down by ISF, the payment to be made to the organisers of the event will follow the rates indicated in the table below. All rates are per night.
The participation fee covers full board accommodation for the duration of the event plus competition, cultural programme activities and all local transport from the arrival to the official port of entry to the departure of the team.

b. ISF Levy
An additional ISF levy of 40€ per delegation member must be paid together with the balance of the participation fee.

c. Gala Dinner
A charity gala dinner is organised during the event. All Heads of Delegation are expected to take part in the dinner; in addition, all adults in the delegation can attend, upon registration through the ERAS system. The gala dinner fee is 50€/person, to be paid together with the final balance. More information concerning details of the gala dinner will be provided in Bulletin 2.

d. Final Balance
The table below shows an overview of the minimum total event fee per participant.

<table>
<thead>
<tr>
<th># nights</th>
<th>Participation fee</th>
<th>ISF levy</th>
<th>TOTAL(minimum)</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>50€</td>
<td>40€</td>
<td>290€</td>
</tr>
</tbody>
</table>

The final balance is to be paid on arrival in cash or in advance by bank transfer.

3. Deposit
Along with the entry and in order to have access to the second registration phase, participating countries will need to pay a deposit of 700€ per team entered. The sum will be deducted from the total participation cost.

The deposit is non-refundable in the event of non-participation. Waivers to the payment of the deposit (LOC agreement), for whatever reasons, are to be discussed with the Local Organising Committee and to be agreed by the deposit payment deadlines.
All deposits for the first registered team per category are to be paid by December 31, 2019. All deposits for the extra and selected teams are to be paid by January 31, 2020.

Deposits are to be paid by bank transfer to the following account (all bank charges are to be met by the participating country):

Name of the bank: UNI CREDIT Bank  
Address: Trojičné námestie, Štefánikova, Trnava  
BIC/Swift Code: UNCRSKBX  
IBAN: SK6011110000001376015037  
Payee: Slovak School Sport Association  
Reference: ISF WSC Cross Country 2020 – Deposit – [name of the country]

4. Insurance

Each country is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

We look forward to meeting you in Slovakia in April 2020.