Bulletin 2

ISF World Schools Championship
Ultimate 2019

Le Mans
France
24/06 – 29/06/2019

ISF sponsor

Joy of moving
Table of Content

Table of Content........................................................................................................2
ISF WSC Flying Disc ..................................................................................................3
THE ORGANISING COMMITTEE .............................................................................3
  1. Management ........................................................................................................3
  2. Risk Assessment ...................................................................................................3
  3. Visa Policy ............................................................................................................4
PARTICIPATION .........................................................................................................4
  1. Condition for participation ..................................................................................4
  2. Composition of the delegation ...........................................................................4
ADMINISTRATION & FINANCE .............................................................................5
  1. Registration .........................................................................................................5
  2. Fees .....................................................................................................................5
  3. Balance Payment ................................................................................................6
  4. Insurance .............................................................................................................7
  5. Deadlines ............................................................................................................7
  6. Accreditation Procedure .....................................................................................7
LOGISTICS ...............................................................................................................8
  1. Arrival & Departure .............................................................................................8
  2. General Schedule ...............................................................................................9
  3. Transport Network ...............................................................................................9
  4. Accommodation ..................................................................................................9
NON-SPORT ACTIVITIES .......................................................................................10
SPORTS ....................................................................................................................11
  1. Technical Details ..................................................................................................11
  2. Competition System ...........................................................................................12
  3. Sport Venue(s) ...................................................................................................13
  4. Sport Equipment ................................................................................................13
  5. Sport Schedule ...................................................................................................13
  6. Results ................................................................................................................13
  7. Sport Info Desk ....................................................................................................13
MEDICAL ..................................................................................................................14
  1. Food & Beverage .................................................................................................14
  2. Doping Control ....................................................................................................14
  3. Hospitals .............................................................................................................14
MEDIA AND COMMUNICATION .............................................................................15
GENERAL INFORMATION.....................................................................................15
MAP ............................................................................................................................16
ISF WSC Flying Disc

The Executive Committee (EC) of the International School Sport Federation (ISF) has entrusted the organisation of the 1st ever World Schools Championship of Ultimate to, Le Mans (France). We’re excited to welcome students from all over the world in June 2019.

The competition will host 10 mixed teams of 15-18 years old boys and girls, coming from 9 different nations.

THE ORGANISING COMMITTEE

1. Management

Overview of Local Organising Committee

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Union Nationale du Sport Scolaire UNSS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Event Manager</td>
<td>Cédric Hayere</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:isfwsultimate2019@gmail.com">isfwsultimate2019@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>+33 607 436 425</td>
</tr>
</tbody>
</table>

Overview of ISF Representatives

| ISF Delegates   | Yang Liguo                             |
|                | dxh@fusc.org.cn                         |
|                | Roman Greba                             |
|                | ukryouthsport@gmail.com                 |
| ISF Sports Manager | Francesco Fiorini                     |
|                  | francesco.fiorini@isfsports.org        |
| Facebook        | https://www.facebook.com/isfsports/    |
| Twitter         | https://twitter.com/isfsports/         |
| Instagram       | https://www.instagram.com/isfsports/    |
| Website         | http://www.isfsports.org/              |

2. Risk Assessment

The LOC reassures all participating delegations and officials that safety issues are their first target.

The LOC guarantees a perfectly organized championship, in which all the concerned parties and stakeholders will do their utmost to deliver a safe and secured experience for all participants. If any changes occur, you will be immediately informed.
3. Visa Policy
VISA requirements and documents to entreat various Ports of entry (train, bus, airport) have to be checked by the individual delegations. If you encounter any trouble during your journey, you can contact the LOC.

PARTICIPATION

The 10 delegations from the following ISF Members participating in this event will be: Belgium DG, Belgium FC, Colombia, England, France (2 teams as host country), India, Italy, Slovakia, Spain

1. Condition for participation

<table>
<thead>
<tr>
<th>Sports</th>
<th>Category</th>
<th>Gender</th>
<th>Year of birth</th>
<th>Number of athletes per team</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ultimate</td>
<td>Selected</td>
<td>Mixed</td>
<td>2001-2002 2003-2004</td>
<td>12 (minimum 5 athletes per gender)</td>
</tr>
</tbody>
</table>

A country may enter a maximum of 1 team.

2. Composition of the delegation

<table>
<thead>
<tr>
<th>Sport</th>
<th>Athletes</th>
<th>Head of delegation</th>
<th>Coaches/Teachers</th>
<th>Add adults*</th>
<th>Young volunteer**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ultimate</td>
<td>12</td>
<td>1</td>
<td>2</td>
<td>0-2</td>
<td>0-1</td>
</tr>
</tbody>
</table>

*Contact the LOC for possible arrangements
** Possible mission of Young volunteer: Timekeeper, Scoreboard operators, reporters.

All students must be attending schools which provide a general education.

The following are not eligible to participate:
- pupils of vocational schools who only attend that school as a complement to their vocational training;
- school teams and pupils enrolled at schools which provide sports training without any general education;
- part-time (e.g. afternoon) sports schools which take pupils from a variety of schools for training in one or more sports;
- teams formed as part of clubs, companies, universities or other institutions.

Coaches: the coach is the trainer dedicated to his/her team. Participating delegations are bound to have two team officials per team.

Head of Delegation: he/she may not combine the function of Head of Delegation and coach or another official function. He/she shall be the sole
intermediary between his/her delegation and the Organising Committee, the ISF Technical Commission and the ISF Delegate.

Additional adults: function must be specified: doctor, physiotherapist, interpreter, security personnel, ministry representative, journalist...
Any other additional person will not be considered part of the official delegation and will not be accredited by the LOC.

*Any kind of modification in the delegation composition, (including additional adult numbers), must be discussed with and accepted by the Local Organizing Committee. Any extra additional person not previously accepted by the LOC will not be considered part of the official delegation and will not be accredited.

Participants obligations:
• Each participant is required to be present throughout the whole duration of the event.
• Each participant is obliged to take part also in all of the non-sport activities.
• Each team undertakes to compete against all other participating teams.
• Each participant undertakes to compete against all other participants.
• The absence of any member of a participating team from any part of the entire sport programme, opening-, prize-giving- and closing ceremonies and socio-cultural programme may result in the team being excluded from the results.

ADMINISTRATION & FINANCE

1. Registration

The final deadline for registration Phase 2 is the 30th of April. After this date the organiser of the event may reject any new entries.

The final deadline to Phase 3 Eras Registration Phase 3 deadline: 14th of June.

All specific information related to each players and coaches must be completed through this last registration phase: ID Photo - height – right/left-handed – Player place – Captain or not - Game Jersey Number – Ultimate Experience (Years of practicing at school, club, league, or selection) – Food restrictions.

2. Fees

a) Participation fee

In accordance with the rules laid down by ISF, the payment to be made to the organisers of the event amounts to 50 € per person and per night. The participation fee (per person/per night) in EURO for all participants is as follows:
<table>
<thead>
<tr>
<th>Position</th>
<th>Fee</th>
<th>Type of room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head of Delegation</td>
<td>50€</td>
<td>Single occupancy</td>
</tr>
<tr>
<td>Coach/Teacher</td>
<td>50€</td>
<td>Single occupancy</td>
</tr>
<tr>
<td>Competitors</td>
<td>50€</td>
<td>Single occupancy</td>
</tr>
<tr>
<td>Additional adults</td>
<td>50€</td>
<td>Single occupancy</td>
</tr>
</tbody>
</table>

The fee covers full board accommodation for the duration of the event. It covers the competition, cultural programme activities and all transport in connection with the official programme (arrival, departure, sports and cultural programmes).

b)  **ISF levy**
An additional ISF levy of 40 € per member in the delegation must be paid together with the balance of the participation fee.

c)  **Donation to the School Sport Foundation**
The ISF School Sport Foundation intends to provide underprivileged school children with opportunities to access sports training by highly qualified PE teachers and trainers and to dispose of good quality school sport equipment and infrastructure. One of the occasions to help the Foundation is the Charity Gala Dinner in which the Heads of Delegation will be invited. An extra contribution of 50 € for taking part is requested.
A second way to raise funds for the School Sport Foundation is a free contribution that you can add to the 40 € ISF levy of the participants. You can add 5 €, 10 € or 15 € per participant to the ISF levy to pay. Instead of paying 40 €, you thus pay 45 €, 50 € or 55 € per participant.

d)  **Total Fee**
The total sum per person amounts to

<table>
<thead>
<tr>
<th># nights</th>
<th>Participation fee</th>
<th>ISF levy</th>
<th>(Donation School Sport Foundation)</th>
<th>TOTAL (minimum)</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>50€</td>
<td>40€</td>
<td>(5€ or 10€ or 15€)</td>
<td>290€</td>
</tr>
</tbody>
</table>

3. **Balance Payment**

The balance Payment can be transferred to this bank account:

Name of bank: SOCIETE GENERALE  
Address : LE MANS REPUBLIQUE – Place de la République – 72000 LE MANS  
BIC (Swift Code) : SOGEFRPP  
Payee: UNSS SARTHE – Maison Départementale des Sports – 29, boulevard St Michel – 72000 LE MANS  
IBAN : FR76 3000 3012 2000 0372 6776 842  
Reference: ISF WSC Ultimate 2019 + name of participating country
The balance is to be paid on arrival or in advance by bank transfer. Cash payment may be accepted by Head of Delegation upon arrival. Payment by bank and/or credit cards will not be accepted.

*If deposit has been paid, then the deposit must be deducted from the total final payment.

* If you have a LOC agreement, then you must respect the modalities agreed.

*All bank charges (for both deposit and balance) are to be met by the participating delegations.

*All payments must come in one single transfer by the legitimate school sport entity. Only one proof of payment shall be issued.

All bank charges (for both deposit and balance) are to be met by the participating countries.

4. Insurance

Each country is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

5. Deadlines

- Registration Phase 1 and 2: 30th of April 2019
- Registration phase 3: 14th of June 2019

6. Accreditation Procedure

Accreditation will occur all day on Monday 24th of June at the accreditation center in the Le Mans University situated at the following address:

– Cité Vaurouzé – 16, boulevard Charles Nicolle – 72000 Le Mans

Transportation to the accreditation from the Le Mans train station will be provided by the local organisers. If delegations arrive somewhere else and need assistance to reserve transportation, the local organisers can assist them in this reservation but delegations will have to bear this cost.

The Head of Delegation is in charge of completing accreditation and undergoing the process. The HOD may be assisted by another adult of the delegation.

At the accreditation, the LOC will proceed to check the following documents:

- Finances: proof of payment of the balance including any bank charges and if not sent to the LOC before, the payment overview. To help the Local Organizing Committee to process your payment correctly please complete the form 'payment overview' in
attachment and send it to the LOC by e-mail when you pay the balance.

- The official form signed by the School Headmaster and the legal School Sport Entity, confirming that all players are full time students at the school, since the beginning of the school year.
- The document certifying that the delegation is covered by an insurance that at least covers civil liability, material damage and medical costs.
- The passport (or identity card) bearing family name, first name, photograph, nationality and date of birth for each member of the delegation. Printed copy of the document is accepted by LOC.
- The anti-doping consent forms (downloadable from ERAS after completion of registration phase 3)
- The use of image consent forms (downloadable from ERAS after completion of registration phase 3)

When checking is finished all participants will receive their accreditation cards as well as a welcome gift and have photo opportunities. Head of Delegations will receive a welcome booklet, a team attaché contact and their proof of payment.

Players and coaches will also be asked to sign a Rules Form, in which they acknowledge that they are aware of the rules of the championship.

LOGISTICS

1. Arrivals & Departure

Delegations will be greeted by members of the LOC, upon arrival to the Le Mans train station, or at the accreditation center. Delegations will then be transported by bus from the train station to the accreditation center.

When arriving somewhere else than the Le Mans train station, delegations must notify the Local organizers. The Local organizers may help these delegations to reserve transportation, however this will be at the delegation’s own charge. If the delegation needs to reserve transportation please contact the Local Organizers in May. All delegations are asked to inform the local organizers of their arrival date/time/location.

When the distance between the host city and the capital of a participating country on another continent exceeds 5000 kilometers the delegation may extend its stay by arriving one day earlier or leaving one day later at the normal daily fee (50 €).

In this case, and only for those delegations, arrival may be on Sunday afternoon and accommodation shall be the same for players, coaches and Head of Delegation: single room in the university residence.
2. General Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>June, 24th</td>
<td>All day</td>
<td>Arrival of Delegations + Accreditation</td>
</tr>
<tr>
<td>(Monday)</td>
<td>4 to 6 PM</td>
<td>Clinic with the Event Ambassador: Steve</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bonneau</td>
</tr>
<tr>
<td></td>
<td>9 PM</td>
<td>HoD Meeting &amp; Coach Meeting</td>
</tr>
<tr>
<td>June, 25th</td>
<td>10 AM to 6 PM</td>
<td>Competition – Round 1</td>
</tr>
<tr>
<td>(Tuesday)</td>
<td>8 PM</td>
<td>Opening Ceremony</td>
</tr>
<tr>
<td>June, 26th</td>
<td>9 AM to 6 PM</td>
<td>Competition – Round 2</td>
</tr>
<tr>
<td>(Wednesday)</td>
<td>7 PM</td>
<td>Nation’s Night</td>
</tr>
<tr>
<td>June, 27th</td>
<td>9 AM to 7 PM</td>
<td>Cultural day</td>
</tr>
<tr>
<td>(Thursday)</td>
<td>8 PM</td>
<td>School Sport Foundation dinner</td>
</tr>
<tr>
<td>June, 28th</td>
<td>10 AM to 6 PM</td>
<td>Ranking and Finals</td>
</tr>
<tr>
<td>(Friday)</td>
<td>8 PM</td>
<td>Closing ceremony and Prize-giving (medals and</td>
</tr>
<tr>
<td></td>
<td></td>
<td>trophies)</td>
</tr>
<tr>
<td>June, 29th</td>
<td>Morning</td>
<td>Departure</td>
</tr>
<tr>
<td>(Saturday)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3. Transport Network

Transportation between accommodation, competition venues and other locations will be through public transportation and walking.

Monday, Tuesday and Wednesday: transportation between competition venues and accommodation/food halls will be by walking as the distance is very short.

Transportation on the Cultural day will be by the city’s tramway public transportation.

Transportation for the Finals at the MMArena Stadium, and back from the Closing Ceremony will be by the city’s tramway public transportation.

Delegations will receive public transportation tickets and will be assisted by Team attachés every day.

4. Accommodation

Players and coaches will be accommodated in single rooms at the Cité Universitaire Vaurouzé:

16, boulevard Charles Nicolle – 72000 LE MANS (Université)

Head of Delegations will be accommodated at the Eklo Hotel Le Mans

34 Rue Louis de Broglie, 72000 Le Mans

Head of Delegations can also be accommodated with the players and coaches at the Cité Universitaire Vaurouzé if they wish to do so.
Parents/spectators can find accommodation at these suggested locations. They are invited to contact these hotels and reserve at the normal hotel rate.

Photos of the accommodation and catering hall can be found at this link: http://isfulimate2019.com/project/accomodation-catering-at-le-mans-universite

The local organizers have booked a laundry service for playing gear (team jersey/gear) on Wednesday evening. This service will be at the delegation’s charge.

Parents/spectators can find accommodation at these suggested locations. They are invited to contact these hotels and reserve themselves at the normal hotel rate.

NON-SPORT ACTIVITIES

Opening Ceremony
The Opening Ceremony will take place on the Tuesday, 25th of June at 8pm in the evening at the University’s presentation hall situated at:

(Scène Universitaire)
– Avenue R Laennec – 72000 Le Mans (Université)

The Opening Ceremony will occur indoors. All teams will participate in the ceremony. 1 boy and girl per delegation will participate in the delegation’s parade during the ceremony, as flag bearers dressed in their official team suit.

Cultural Programme
On Wednesday, 26th of June, Heads of Delegations will have a Special Cultural activity.

On Thursday 27th of June there will be the Cultural Day for all participants. Delegations will be separated in 5 different groups composed of 2 different delegations each, along with volunteers. In the morning these groups will visit the Old Town of Le Mans which is candidate to be a World Heritage site (UNESCO classification). All groups will join together for a picnic lunch. In the afternoon groups will visit the motorsport museum of the 24 Hours of Le Mans.

Nation’s Night
The Nation’s Night will take place on Wednesday 26th of June at 7pm. Delegations are invited to take part in this activity, organized with the aim of encouraging exchanges between the different cultures of participating delegations. This will activity will occur next to the accommodation and food hall, near the Nation’s Night village.
Delegations are invited to introduce and to promote their countries and their culture in an original way. Each delegation is to organize a stand that promotes their country’s specialties in terms of art crafts, visual materials, food, drinks (no alcohol), pins, leaflet, etc.

In addition, each delegation shall introduce a facet of its country’s culture on stage (with dance, songs, sketches, video, etc.) – maximum 4 minutes.
Each delegation will be given a presenter’s tent as well as 2 tables, chairs and a billboard.

The videos, music, CD, USB sticks should be handed to the LOC during accreditation or by e-mail beforehand.

**Closing Ceremony**
The Closing Ceremony will occur on the 28th of June at 8pm, at the Antarèş, Sport and Event Hall, located on Avenue Antarèş, 72000 Le Mans

---

**SPORTS**

1. **Technical Details**

**General Rules:**

The Local Organising Committee will be responsible for the running and control of the World Schools Championship.

The World Schools Championship is organised according to ISF rules and to current WFDF rules. The ISF Rules for Ultimate can be found at this link

According to ISF General Competition Rules, a Control Commission, a Disciplinary Commission and an Appeal Jury will be nominated.

**Event Disciplinary Commission:**

In accordance with the ISF General Competition Rules, the Disciplinary Commission will be composed of:
- The ISF Delegate
- The President of the Local Organising Committee

The Disciplinary Commission will deal with all matters relating to discipline arising during the championship matches and also during the period of the Championship where the matters are not covered by technical regulations.
Issues related to discipline that cannot be solved by the Event Disciplinary Commission on the spot will be passed on to the Permanent ISF Disciplinary Commission. It should be noted that where there is a sufficiently serious lack of respect for ISF rules, the Disciplinary Commission can disqualify participants, teams or delegations from the competition and ask them to return home before the conclusion of the event.

**Appeal Jury**

In accordance with the ISF General Competition Rules, the Appeal Jury will be composed of:
- Representative of the Local Organising Committee
- A head Official

The Appeal Jury will decide on all appeals concerning the results of the competition in the light of the rules of WFDF and the rules of the ISF Technical Ultimate. The Appeal Jury will not pronounce on disciplinary matters. Appeal Jury decisions are final and may not be appealed.

**Appeals**

Appeals against results or any other appeal not concerning disciplinary matters will be heard by the Appeal Jury.

The appeal must be lodged within 30 minutes of the incident and be written in English.

The sum of 50 EUR must accompany the appeal. This sum will be refunded only if the appeal is upheld or at the discretion of the Appeal Jury. If not, the sum will be donated to the School Sport Foundation.

2. **Competition System**

The date of the draw will be 28th of May, results will be communicated on the event website and ISF website.

The structure of competition will be:
- 2 days of Round Robin (2 x 5 teams) + Cross Over matches
- 1 day of Finals and ranking games

The competition will be supported by a young volunteers program, who will have functions as (Team Attaché, Timekeeper, Scoreboard Operator, Reporters...).
3. **Sport Venue(s)**

The competition will take place in the following venue(s):

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Transportation</th>
<th>Areas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stade Delaune</td>
<td>Avenue R.Laennec, 72000 Le Mans</td>
<td>By walking: 5 min from Accommodation and Food place</td>
<td>Day 1: Clinic with Event Ambassador Day 2 &amp; 3: Training and Games</td>
</tr>
<tr>
<td>Stade MMArena</td>
<td>Chemin aux Boeufs</td>
<td>By public city transportation Tramway (45 min). There will be on-site food catering</td>
<td>Day 5: Final Games</td>
</tr>
</tbody>
</table>

Delegations wishing to have an exclusive training time must contact and ask the Local organisers.

4. **Sport Equipment**

Equipment provided by Local Organizers:

Disc : DISCRAFT – ULTRA STAR – 175g

Equipment to be brought by delegations:

Each Team: 2 different colored sets of game kit

Each Player must have the same number, marked on the back of the jersey and on their shorts.

5. **Sport Schedule**

1st Phase: 2 Round Robin of 5 teams (Tuesday : 2 games per team – Wednesday: 2 games per team)

2nd Phase: Cross Over (Wednesday: 1 game per team)

3rd Phase: Semi-finals + Finals (Friday: 2 games per team)

6. **Results**

Results will be communicated at the competition venue, the sport info desk as well as on the official event website:

http://isfultimate2019.com

ISF Social Networks:

Official Facebook page: http://facebook.com/ISFUltimate

Instagram & Twitter: @isfsports #ISFWSC2019

7. **Sport Info Desk**

A Sport info desk will be available at the following locations:

- Stade Delaune: Tuesday and Wednesday from 9AM to 6PM
- Stade MMArena: Friday from 9AM to 6PM
The Sport Info desk will have results, be able to answer questions and will have a register of where teams and HoDs are accommodated.

**MEDICAL**

1. **Food & Beverage**

   Food will be supplied by the university restaurant service. The food menu will be based on the necessary nutriments for athletes.

   Accredited persons will receive 3 meals per day as well as fruit snacks on sport venues:
   - Breakfast
   - Lunch
   - Dinner

   Monday – Tuesday – Wednesday: Meals will be served at University Restaurant.
   Thursday – Friday: Meals will be served at the venue concerned.

   Water will be guaranteed in all sports, cultural venues and accommodation.

   *The LOC will accommodate to specific diet and food restrictions, if specified during Phase 3 registration information.

2. **Doping Control**

   Dope testing (for use of banned substances) can take place during the competition according to current ISF Anti-Doping Rules: [http://isfsports.org/sites/default/files/isf-anti-doping-rules_0.pdf](http://isfsports.org/sites/default/files/isf-anti-doping-rules_0.pdf)

   If selected for testing a competitor may be accompanied by an adult. If a competitor is following a course of medical treatment which includes the use of prohibited substances according to the current WADA prohibited list (2019 version: [https://www.wada-ama.org/sites/default/files/wada_2019_english_prohibited_list.pdf](https://www.wada-ama.org/sites/default/files/wada_2019_english_prohibited_list.pdf)) he or she must obtain from his/her National Anti-Doping Agency (NADO) a TUE (Therapeutic Use Exemption) that complies with the requirements of the International Standard and must inform the organisers immediately upon arrival.

3. **Hospitals**

   Medical care will be provided to all accredited persons through a medical team on site, as well as by the nearby Hospital:
   - Clinique du Pré, Avenue René Laennec, Le Mans

   There will be an ambulance on site during competition.
MEDIA AND COMMUNICATION

The official website of the WSC can be found at this link: https://isfulminate2019.com/

Broadcasting will be done by the LOC for the following events:
All the games on Friday (the final day) in the MMArena

Social media guidelines
Spread the word on ISF Ultimate World Schools Championship!
We would love for you to help us support the young athletes participating at ISF events.
- Follow the official Facebook page: www.facebook.com/ISFultimate
- Use the official ISF hashtags: #ISFWSC2019
- Follow news on ISF’s website: www.isfsports.org
- Submit content related to your event to ISF community manager: fonda.polona@gmail.com
- Share ISF content on your national federation’s profiles

ISF global channels:
Twitter: @isfsports | #ISFWSC2019
Facebook: @isfsports | facebook.com/isfsports
Instagram: @isfsports | #ISFWSC2019

GENERAL INFORMATION

Please Find below general information Le Mans:

- Language: The Language is French, Le Mans locals may speak basic English as well.

- Currency: Cash and credit cards are accepted methods

- Weather: Sunny

- Temperature: 25°C – 26°C

- Clothing recommendations: Summer clothes
- Electrical socket: For France there are two associated plug types, types C and E. Plug type C is the plug which has two round pins and plug type E is the plug which has two round pins and a hole for the socket’s male earthing pin

- Tap water is drinkable

Access and availability of the following locations will be found in the welcome booklet
- Hospitals – 5 minutes from Accommodation and Sport Venues
- Pharmacy – 5 minutes from Accommodation and Sport Venues
- ATM: several near campus
- Shopping malls – 10 minutes from Accommodation
- Food and restauration – In site

Looking forward to meeting you in Le Mans in June 2019!

ISF sponsor