

DAILY Tarn

Special points of interest:

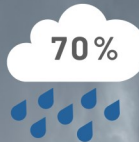
- Weather
- Race
- Interview with England
- Gala Dinner

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“The difference between the impossible and the possible lies in determination.”

-Usain Bolt



Today
8°

the
weather
is partly
rainy



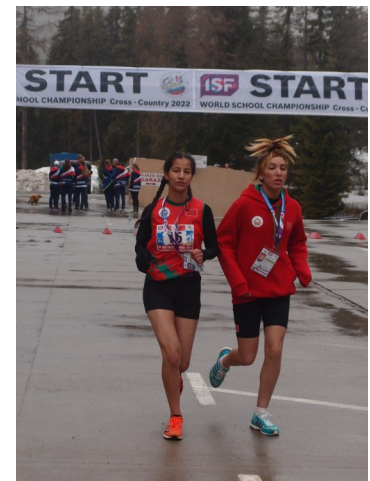
ON THE FINISH LINE

The biggest event that we were all waiting for had finally arrived. The boys and girls measured their strength on the track around Štrbské pleso. The weather was far from good, but even so, the competitors started in large numbers to the applause of the spectators and their supporters. The girls started first. Beautifully arranged with ribbons in their hair,

they competed with each other for the highest possible placements. The boys followed. In the colors of their flags, they set out on the same track as the girls, but instead of one and half, they had to run two laps. Congratulations to Turkey, England, Mexico, Morocco and Uganda who were able to win their deserved placements. But also congratulations to France, Belgium,

Lithuania, Spain, Slovakia, Czech Republic, Netherlands, Ireland, Ukraine and Israel for their determination and amazing results.

Thank you everyone for making this event possible and good luck in the future.



CONGRATS

Teatime At Five

Today we have interviewed the coach and runners from England. These are their answers.

COACH:

How did your preparation look like?

This is the end of the season, they trained hard throughout the year and gradually built up the miles. They race over different distances during the year, so this is one of the shorter races. They were building up a little bit more speed in their legs in recent weeks.

How do you like it here? Is it different from other competitions that you attended?

Yeah, the geography here is lovely. We didn't mind the weather, rain and cold was fine for us. I love the mountains but it's a different setting for running for us as an international competition. It's very nice to see different people from all over the world.

Were you invited here?

Yeah, we won the national title in England, and we've got selected. The girls were invited because the boys had the title. For the other school, the girls won the national title, and the boys are the extras. Because we were coming anyway, they thought it would be nice to have the whole team.

What are you most excited for, now that the race is over?

I think it is just to keep making friends with people here and enjoy the surrounding now that the pressure is over.

RUNNERS:

How do you feel after the race?

We've been anticipating this for a long time, for some of us couple of years. It was very fun to watch, especially the selected races. It was incredible to see how good some people can be. It's like watching future Olympians, future international athletes. We owe a lot to our coaches. We wouldn't be where we are without them. They have given us so much of their support and helped us a lot in the last couple of years. They pushed us to do our best. We are very happy with our results. We were very very close to being first, so it is a bit bittersweet, but still I think everyone put their everything into this.

Is it your first time here in Slovakia?

We were supposed to come here two years ago but it was cancelled due to covid. So yes, this is the first time. It's been difficult with the corona virus situation to keep on track with training. It wasn't easy to stay healthy and motivated through out all of it. It was cancellation after cancellation, so many of our races and trainings got cancelled.

How do you like Slovakia?

It is beautiful. We are in the cloudy area so sometimes you can't see anything, but the view and the mountains are spectacular. We were having a bit of fun sledging down the ski slope after the race.

What are you most excited for?

Meeting people from all over the world and experiencing an international event, something that is basically new to all of us. We used to go to the races in England and speak to people there, but this is totally different and feels special for everyone. The best thing for us is seeing all the athletes from different parts of the world, a total mix of cultures. Meeting people from different countries is kind of fun. We can see how they do running over there. Even with all those language barriers, it's been really interesting.

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GALA DINNER

From Sporty To Elegant

In the early evening, all delegations met for a gala dinner. After the speeches, each delegation received a small gift, followed by a short speech from the people of Uganda. They prepared a surprise for everyone in the form of a small present. The atmosphere was excellent thanks to the group playing traditional Slovak music. The guests could taste our traditional Slovak food and also had the opportunity to get to know each other better.

The biggest bonus of gala dinner was tombola, from which all amount of money was donated to young sportsmen from Ukraine who participated in the event.

