



International School Sport Federation

ISF WINTER GYMNASIAD ERZURUM 2023

SCHOOL WINTER GAMES

Erzurum, Türkiye

11-19
February
2023

Bulletin 2

18th January 2023

Management

International School Sport Federation (ISF)

Contacts:

Office - admin@isfsports.org

Sport department - sport@isfsports.org

Local Organising Committee

Turkish School Sports Federation

Contact: isf@tosf.gov.tr

General programme

10 February	11 February	12 February	13 February	14 February	
Arrival and accreditation of delegations exceeding 5000 km	Arrival Accreditation	Training 09.00-14.00 Coaches meetings 8.00 & 13.00 March pass/ Opening Ceremony 17.00-19.00	Competitions 10.00 - 14.00 Training ISF Academy Activities 17.00-21.00	Competition 10.00 - 14.00 Training ISF Academy Activities 17.00-21.00 Gala Dinner 19.00-21.00	
15 February	16 February	17 February	18 February	19 February	20 February
Competition 10.00 - 14.00 Training ISF Academy Activities 17.00-21.00	Cultural Day Nations Night	Competition 10.00 - 14.00 Training ISF Academy Activities 17.00-21.00	Competition 10.00 - 14.00 Closing Ceremony 17.00-19.00	Departure	Departure of delegations exceeding 5000 km

Please note, that the above-mentioned programme may be subject to change. Any relevant changes will be communicated to the registered delegations prior to the event.

Participation

- Each participant is required to be present throughout the whole duration of the event, from the day of arrival until the day of departure, specified in the programme in the bulletin.
- Each participant is obliged to take part in all of the non-sport and ISF academy activities.
- Each team undertakes to compete against all other participating teams.
- Each participant undertakes to compete against all other participants.
- The absence of any member of a participating team from any part of the entire sports programme, opening, prize-giving, and closing ceremonies and socio-cultural programme may result in the disqualification of that team.

Registration Overview

FIGURES AND FACTS

The following delegations are registered for the event:

1	Afghanistan
2	Argentina
3	Chile
4	China
5	Croatia
6	England
7	Estonia
8	France
9	Hong Kong
10	Hungary
11	Kazakhstan
12	Kyrgyzstan
13	Latvia
14	Mexico
15	Montenegro
16	Nigeria
17	North Macedonia
18	Romania
19	Scotland
20	Slovakia
21	Spain
22	Thailand
23	Türkiye
24	Ukraine
Total : 500 participants	

Arrivals & Departures

Arrivals 10th/11th February

The official ports of entry are the following:

Erzurum International Airport
Erzurum Train Station

Arrival

Delegations will be welcomed at the terminal of the airport or of the railway station by volunteers holding ISF signs. For the delegations who arrive in Erzurum (airport or train station), the LOC will organise bus transfers to the Athlete's Village together with equipment. Transportation from the ports of entry to the Athlete's Village will take approximately 30 minutes.

Insurance

Each participating delegation is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

Departure

Transportation will be organised to bring all delegation to the official ports, with a departure schedule for local transportation being made available the day prior to departure.

Departure 19th/20th February

ACCOMMODATION

ATHLETE VILLAGE E



VILLAGE 1 ERZURUM

It is located on the Atatürk University campus, below Erzurum. It is proposed to use the existing 3200 bed capacity student dormitory built for the 2011 Winter University Games.

As Athlete Village, it is planned to use a dormitory building with 262 rooms and 1034 beds consisting of two blocks. In the village of Athlete, there is an event area, a dining hall for 500 people, a market, a conference hall for 250 people, and 7 meeting rooms for 25 people.



Food and Bevarages

Accredited persons will receive 3 meals per day:

- Breakfast
- Lunch
- Dinner

All meals will be supplied by a catering company and will be served in the Athletes' Village.

Dependant on the competition schedule, catering services will be available at the completion venues.

Water will be provided for all accredited persons during meals.

During the sport activities (training or official competitions), water bottles will always be provided at competition sites.



Medical Services

Here below are the list of hospitals available during the event:

Name of Hospital	Address	Distance to Athlete Village
Erzurum Sehir Hastanesi	Atatürk m. Çat Yolu c. No:36 25240 Yakutiye / Erzurum	3 Km
Atatürk Üniversitesi Arastırma Hastanesi	Atatürk Üni. Arastırma Hastanesi Yakutiye / Erzurum	1,5 Km
Erzurum Ağız ve Dis Sağlığı Merkezi	Lalapaşa Mahallesi Kara Veli Sokak No: 1 25050 Yakutiye / Erzurum	3,7 Km



Erzurum Sehir Hastanesi

Team Emergency Structure

Competition sites

2 Fully equipped medical teams

Evacuation disposal – ambulance, concerned sports:

- 1 Alpine Skiing
- 1 Cross Country Skiing
- 1 Biathlon
- 1 Snowboarding
- 1 Curling
- 1 Figure Skating

Accredited doctors when required by sport international regulations

- Alpine Skiing : 2
- Cross Country Skiing : 2
- Biathlon : 2
- Snowboarding : 2
- Curling : 1
- Figure Skating : 1



Atatürk Üniversitesi Araştırma Hastanesi

SPORTS Programme

Competition programme

		12/02/2023		13/02/2023		14/02/2023	
			Meeting		Meeting		Meeting
Alpine Skiing Konaklı/Palandöken	Boys	9:00 - 12:00 Slalom Open Training	13:00 TC Meeting Athletes village	10:00 Slalom Race (Konaklı)		10:00-13:00 Giant Slalom Open Training	18:00 TC Meeting Athletes village
	Girls						
Snowboarding Palandöken	Boys	10:00 - 12:00 Open Training Parallel Giant Slalom	13:00 TC Meeting Athletes village	10:00 Qualifications + Final Parallel Giant Slalom		10:00 - 12:00 Open Training Parallel Slalom	18:00 TC Meeting Athletes village
	Girls						
Biathlon Kandilli	Men	10:00 - 12:00 Training	13:00 TC Meeting Athletes village	10:00 - 12:00 Official Training		10:00 - 11:30 7.5 Km Sprint	
	Girls			13:00 - 15:00 Official Training		11:45 - 13:00 6 Km Sprint	
Cross Country Skiing Kandilli	Boys	10:00 - 12:00 Official Training	13:00 TC Meeting Athletes village (Sprint)	11:00 - 11:30 Sprint F Qualification 1.2 KM		10:00 - 12:00 Classic official training	18:00 TC Meeting Athletes village (Classic)
	Girls			12:30 - 14:00 Sprint F Finals			
Curling* Erzurum Curling Arena	Mixed teams	10:00 - 11:00 Official Training	8:00 TC Meeting Athletes village	10:00 - 12:00 Mixed Draw 1 13:30 - 15:30 Mixed Doubles Draw2		10:00 - 12:00 Mixed D. Draw 4 13:30 - 15:30 Mixed Draw 5	
	Mixed doubles	11:00 - 12:00 Official Training		17:00 - 19:00 Mixed Draw 3 20:00 Practice		17:00 - 19:00 Mixed D. Draw 6 20.00- Practice	
Figure Skating Yenisehir Ice Rink (2000)	Boys			10:00 Official Practice Boys/Girls Short Program		9:00-10:00 Boys 10:00 - 11:05 Girls 11:05-11:25 Ice dance Competition Boys 14:00 - 15:35 Girls 15:35-17:20 Short Program	
	Girls			14:30 Official Practice Ice Dance Rhythm Dance		17:20 -18:00 Ice Dance Rhythm Dance	

Please note, that the above mentioned program may be subject to change. Any relevant changes will be communicated to the registered delegations prior to the event.

Competition programme

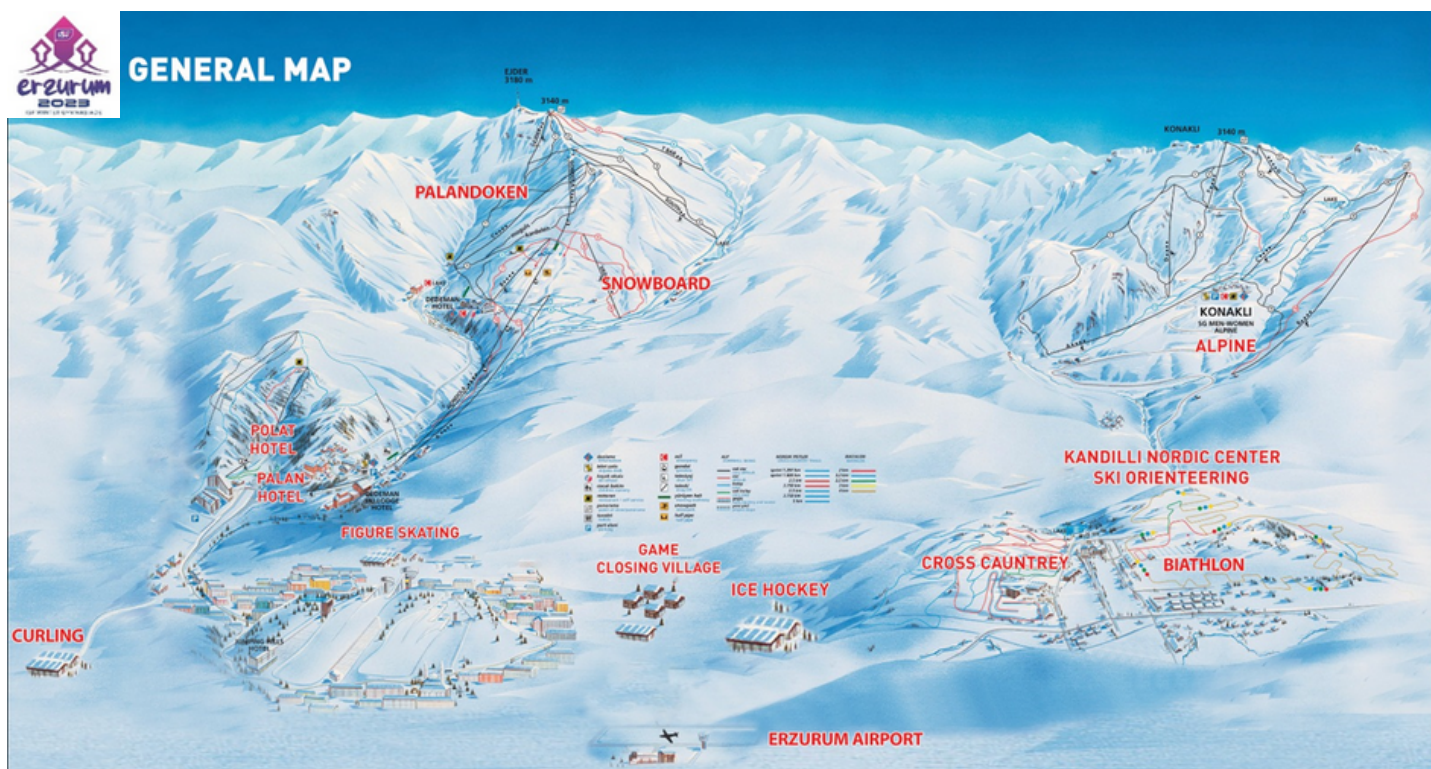
SPORTS Programme

		15/02/2023		16/02/2023	17/02/2023		18/02/2023	19/02/2023
			Meeting			Meeting		
Alpine Skiing Konaklı/Palandöken	Boys	10:00 Giant Slalom Race (Konaklı)		CULTURE DAY	14:00 - 16:00 training ;	18:00 TC Meeting Athletes village	10:00 - 13:00 Mixed Parallel Team Race Palandöken	DEPARTURE DAY
	Girls							
Snowboarding Palandöken	Boys	10:00 Qualifications + Final Parallel Slalom						
	Girls							
Biathlon Kandilli	Men	9:00 - 10:30 Training			10:00 - 12:00 Official Training		10:30 - 12:30 2x7.5 Km & 2x 7,5 Km Mixed Relay	
	Girls	9:00 - 10:30 Training						
Cross Country Skiing Kandilli	Boys	10:30 - 11:30 10 Km / CL Race	18:00 TC Meeting Athletes village (Relay)		10:30 - 12:00 Mixed Relay Girls 2x3.33 F + Boy 2x5 Km			
	Girls	11:45 - 12:30 5 Km / CL Race						
Curling* Erzurum Curling Arena	Mixed teams	10:00 - 12:00 Mixed Draw 7 13:30 - 15:30 Mixed D. Draw 8			10:00 - 12:00 Mixed T. Semi-Finals 13:30 - 15:30 Mixed D. Draw 11		09:00 - 11:00 Semi-Finals Mixed D. 12:00 - 14:00 Mixed D. Bronze Medal Mixed D. Gold Medal	
	Mixed doubles	17:00 - 19:00 Mixed Draw 9 20.00- Practice			17:00 - 19:00 Mixed Bronze Medal Mixed Gold Medal			
Figure Skating Yenisehir Ice Rink (2000)	Boys	9:00-10:10 Boys 10:10 - 11:30 Girls 11:30-11:50 Ice dance Competition Boys 14:00 - 15:45 Girls 15:45-17:40 Free Skating						
	Girls	17:40 - 18:15 Ice Dance Free Dance						

Please note, that the above mentioned program may be subject to change. Any relevant changes will be communicated to the registered delegations prior to the event.

SPORTS Venues

Sport	Venue	Distance	Travel Time (car)	Altitude (metres)
Ski Centre	Palandoken Hotels Area Konakli	11km 5km 25km	20mins 5mins 15mins	2,630
Cross Country	Kandilli Nordic Centre	36km	45mins	1,740
Biathlon	Kandilli Nordic Centre	36km	45mins	1,740
Figure Skating	Palandoken Ice Skating Arena	3km	10mins	2,000
Curling	Curling Arena	10km	25mins	1,900



Sport Rules

The technical rules for each sport of the ISF Winter Gymnasiade 2023 can be found at the following links:

- <https://www.isfsports.org/sports/alpine-skiing>
- <https://www.isfsports.org/sports/biathlon>
- <https://www.isfsports.org/sports/cross-country-skiing>
- <https://www.isfsports.org/sports/curling>
- <https://www.isfsports.org/sports/figure-skating>
- <https://www.isfsports.org/sports/snowboarding>

Equipment brands

Alpine Skiing

All equipment to be FIS approved for athletes competing under FIS licenses. Other necessary elements and equipment for competition may be used at the discretion of the LOC, as long as it does not conflict with ISF rules or the FIS ICR.

Biathlon

All equipment (course, competition, clothing, and weaponry) are to be IBU approved.

Cross Country Skiing

All equipment to be FIS approved for athletes competing under FIS licenses. Other necessary elements and equipment for competition may be used at the discretion of the LOC, as long as it does not conflict with ISF rules or the FIS ICR.

Curling

Sheet dimensions and rocks are to be WCF approved.

Figure Skating

All equipment (skating, competition, and clothing) are to be ISU approved.

Snowboarding

All equipment to be FIS approved for athletes competing under FIS licenses. Other necessary elements and equipment for competition may be used at the discretion of the LOC, as long as it does not conflict with ISF rules or the FIS ICR.

Snow Sport Preparation

Wax cabins, waxing and ski maintenance tables will be provided by the Local Organising Committee to the countries in the competition area, except snowboarding which will be available in the Athletes' Village, where a common area and table support will be provided for ski maintenance and waxing. All other needed equipment should be brought by the countries.

Important to note that according to FIS regulations, FLUOR is NOT permitted.

Disciplinary Management

Event Disciplinary Commission

In accordance with the ISF General Competition Rules, The ISF Event Disciplinary Commission shall deal with all incidents and all violations of the ISF Statutes, Sports Policy, ISF Handbook, Rules, and any other ISF document linked to the ISF events and broadly with misbehaviors not directly related to the sport technical regulation during an ISF event.

The Commission is composed of the ISF Delegate, the Sports Committee Chair and LOC Delegate.

Appeal jury

The Appeal Jury shall deal with all protests of a technical sporting nature during the competition. The Appeal Jury is formed for all sports in the ISF Winter Gymnasiade Erzurum 2023 and is composed of the Chair of the ISF Technical Commission concerned, one member of the Local Organising Committee, the Head Field of Play Officials.

Appeals

Please refer to the Appeal section of the Technical Rules and Regulations for the appeal for each relevant sport.

Anti doping

Anti-doping tests may take place during the Event.

ISF being a Wada code signatory is promoting clean sport as one of the main values applied during its events. Besides the tests that can take place accordingly to the age category and the tradition of relevant sports, ISF in cooperation with WADA is implementing a large educational programme to raise awareness on the danger of doping behaviours.



Created in December 2022, the ISF Academy is the new educational center of the International School Sport Federation delivering online and onsite capacity-building activities for teachers, school sports representatives, coaches, officials, and students around the world. It aims to recognize and or to upgrade the knowledge and skills of any of these stakeholders involved or planning to be involved in national, continental, or international sports, educational networks, institutions, events, or organisation.

The mission of this body is to design and deliver short-, mid-, and long-term quality education and capacity-building activities for physical education teachers, national school sport representatives, coaches, officials, and students around the world. These educational programmes will be held online on the ISF Academy platform prior to the events and particularly during the organisation of ISF events on-site, after the competition hours.

Therefore, before and during this international ISF event, heads of delegation, coaches, referees, international school athletes, and local school students will have the opportunity to take part in various interactive educational activities on different topics



HEAD OF DELEGATION AND COACHES PROGRAMME



The ISF Academy will organise an online webinar, a few weeks before the event to support the Head of Delegation and Coaches in preparing their mission within an ISF event. These online educational & capacity building activities are compulsory to attend for all the following adults' stakeholders taking part in ISF events:

- 1) Heads of Delegation (Compulsory)
- 2) Deputy Head of Delegation (if any and if the delegation request it)
- 3) Assistant to the Head of Delegation (if any and if the delegation request it)
- 4) Coaches (Compulsory)

The programme will be composed of different modules related to the ISF, the Organising Committee, and several crucial subjects related to Safeguarding in Sports, Anti-Doping, and Diplomacy in Sport. Other topics might be added as well.

Any adults having key responsibilities towards, the ISF, the Local Organising Committee, and ultimately school students within an ISF international event shall be taking part in this crucial educational programme which will contribute to supporting these adults in their duty and mission before, during, and after the event.

Important: The head of the delegation and the coaches will have to participate in the complete training programme to be authorized to receive accreditation for the event.

More info here:

Bulletin ISF Head of Delegations and Coaches Online webinar.pdf
(isfsports.org)



ISF YOUNG REPORTERS PROGRAMME



The ISF Young Reporters Programme

It is an educational programme offering media education with experts while providing practice in the field on the international stage. This programme welcomes participants from all around the world with no prior experience needed.

**Read more in the Young Reporters Programme Bulletin:
ISF Young Reporters Bulletin (isfsports.org)**

The registration is open to any young people:

- Young people ISF members & non-ISF members aiming to participate exclusively in this programme
- Young reporters already part of the participating delegation to the ISF event
- Local students for the organizing committee country.
- Athletes participating in the ISF event (depending on their competition schedules)
- Any young individual could register for this programme

Young participants will be part of the School Sports Journalism and Media workshops during ISF events led by known experts offering them education, practice, and lifetime experience in the field.

They will learn about the organisation of large sporting events, photography skills, creating content for social media, what is school sports journalism, and how to report events. Moreover, they will discover the world of video production and how broadcasting looks backstage.

If registering ISF Youth Reporter together with your delegation, add it over the ERAS platform as an additional person emphasizing its role.

If the delegation is not registering (country) for the event, registration is possible over e-mail: marija@isfsports.org



EDUCATION ACTIVITIES DURING EVENT



You will find below a non-exhaustive list of themes that will be proposed to young athletes:

- Safeguarding children in sport
- Anti-Doping prevention in Sport
- Media and Communication - (*Young reporters' programme)

More about the program and schedule you will learn during the event.

Please note that these activities will be compulsory to attend during event particularly for the school athletes. The ISF will provide to Heads of Delegation with the necessary information to register the athletes of their delegation for the different educational workshops. Each school athlete could participate in several educational workshops. In the next bulletins, you will have all information regarding the educational programme proposed by the ISF Academy.

By participating to this educational , programme, the participants will receive an official certificate of participation from the ISF Academy



Fun and Skill Zone

The Fun and Skill Zone concept aims to provide the participants and the local schools an open area where a variety of educational, physical, and cultural activities are proposed on the daily basis. More than twenty (20) international and national organisations will gather aiming to raise awareness on the Olympic values, to discover traditional or innovative sports, and to discover the culture of the different participating countries. It will be the heart of the Gymnasiade. The place where the different delegations can meet, learn, discuss and get to know each other better.

Location: Athletes' Village

Dates: From 13th to 17th February from 17h00 - 21h00: learning about sport values by discovering new sports and learning activities through different stations.

Snow Volleyball
Floor Curling
Magic Maze
Hemsball
Dart

Rope Pulling
Agility and Reaction Games
Erzurum Sighseeing with VR Glasses
Turkish Language Workshops

Cultural Activities

The cultural visits will take place on 16th February 2023.

For the Cultural Activities, there will be a programme put in place by the LOC, which will be communicated with participants prior to the event.

Erzurum Double Minaret Madrasa:

The Double Minaret Madrasa is a Seljuk work that has become the symbol of Erzurum. It is generally accepted that it was built at the end of the 13th century. It is also called the Hatuniye Madrasa, with the thought that it may have been built by Hundi Hatun, the daughter of the Seljuk Sultan Alaaddin Keykubat, or by Sultan Hatun from the Ilkhanid Dynasties.



Erzurum Castle:

The history of Erzurum Castle dates back to about 2,500 years ago, to the Urartians, who dominated the region. The first version of the inner castle, which still exists today, was built by the Byzantine Emperor Theodosius in 415. Erzurum Castle consists of the inner castle, where the guard soldiers are located, and the outer castle, which includes the streets, streets and neighborhoods where the people reside.



Erzurum Ice Museum:

At the Ata Ice Museum, which has the only ice museum in Turkey within the Atatürk University campus, newly made ice sculptures await its enthusiasts. Ata Ice Museum, where interesting ice artifacts are exhibited, can be visited free of charge. The ice stove and Semaver warm the visitors.



Nations Night

The Nations Night encourages exchanges between the different cultures of the participating countries.

During the Nation Night, each delegation is entitled to have a booth to present themselves, in a fair atmosphere. Delegations are free to bring any material for presenting themselves over the booth.

The Nation Night is set to be on the 16th February, at the Athletes' Village from 17h00 to 21h00.

Nations who so wish, will be able to go on stage to present a typical dance of their country. If nations want to take part in this animation, please report to the LOC and provide music in MP3 format by naming the file "nameofcountry.songtitle.MP3"



- The Accreditation Center will be located in the Athletes village.
- Heads of Delegations will be taken to the accreditation point and will require all necessary documents from their registration: passports, insurance papers, school certificate(s), and consent forms.
- The accreditation centre will be open all day long on 10th - 11th February 2023.
- An identification document must be presented to get the accreditations
- A temporary identification system will be put in place in case the normative accreditations need to be changed
- Accreditations will be issued by sport, by delegation, and by function At the Accreditation Center, the Head of Delegation must be present. He/she can be accompanied by a coach or by an additional adult. No other member of the delegation shall be admitted to the accreditation room.

At accreditation, the following *documents will be checked:

1. **Valid ID/passport:** The passport (or ID card) bearing the family name, first name, photograph, nationality and date of birth of each member of the delegation. Please note that copies or scans of the ID/passports will not be accepted
2. **Proof of payment:** proof of payment of the balance including any bank charges. To help the ISF correctly process your payment, please complete the “payment overview” form and send it to the ISF by e-mail prior to your arrival at the event. A payment Overview will be sent to all delegations in the coming days. Registered countries will be informed on when and how to deliver proof of payment documents

Reminder: All documents must be uploaded to the ISF ERAS Registration platform, no later than the **25th of January 2023**.

Documents to be uploaded to ERAS:

1. **ISF Consent Form:** the use of image and anti-doping consent form of each participant, signed by the competitor’s parent or legal guardian if he/she is a minor.
2. **ISF School Certificate:** the ISF School Certificate form signed by the legitimate School Sport Entity, confirms that all athletes are full-time students in school since the beginning of the school year.
3. **Insurance:** the document certifying that the delegation is covered by insurance. At a minimum, the insurance is to cover civil liability, material damage and medical costs.

Accreditations cards will be handed to the Head of Delegation at the end of the process, once all documents have been checked.

Please note, that the accreditation process may be subject to change. Any relevant changes will be communicated to the registering delegation prior to the event.

Participation Fee

In accordance with the rules laid down by ISF, the payment need to follow the rates indicated in the table below. All rates are per night.

Head of Delegation	60€	Single occupancy
Coach	60€	Double occupancy
Coach	120€	Single occupancy
Referee	60€	Double occupancy
Referee	120€	Single occupancy
Competitor	60€	2-4 bedded rooms
Additional adult	60€	Double occupancy
Additional adult	120€	Single occupancy

The participation fee covers full board accommodation for the duration of the event plus competition, cultural program activities, and all local transport from the arrival to the official port of entry to the departure of the team.

ISF Levy

An additional ISF levy per delegation member must be paid together with the balance of the participation fee.

- 50€ for ISF members
- 100€ for non ISF members
- 100€ for Directly applying schools

Final Balance

The final balance payment is the participation fee minus the deposit already paid.

The table below shows an overview of the minimum participation fee per participant.

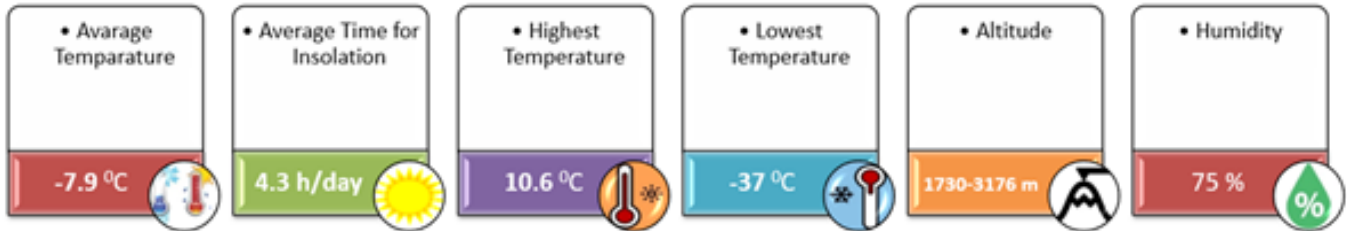
No. Nights	*	Participation fee	+	ISF levy	=	TOTAL (minimum)
8		60€		50€/100€		530€/580€

The final balance is to be paid in advance by bank transfer to the to the following account (all bank charges are to be met by the participating country):

Name of the Bank BNP BARIPAS FORTIS
 Address of the bank Rond-point Robert Schuman 10, 1040 Bruxelles, Belgium
 BIC/Swift Code: GEBABEBB
 IBAN: BE 03 0015 2130 7984
 Payee/holder International School Sport Federation
 168 Avenue de Tervueren, 1050 Brussels, Belgium
 Reference: ISF Winter Gymnasiade Erzurum 2023 – balance payment –
 [name of the country]

Additional Information

Weather in Erzurum in February: Temperature Daytime maximum/min temperature averages: 10°C/-37°C | Average temperature is -7.9°C



PALANDÖKEN SKI CENTER DETAILED WEATHER REPORT 17-28.01.2023

Snow Thickness: **150cm**
Number of Open Courses: **5**
Artificial Snow Ratio: **%85**
Natural Snow Ratio: **%15**
Estimated Snow: **20-30cm**
Estimated Wind: **5-10km/h**
Average Temperature: **-3°C**
Dew Point: **-21°C**
Cloud Base : **Clear /6900m**

PALANDÖKEN 2 (KONAKLI) 17-28.01.2023

Snow Thickness: **120cm**
Number of Open Courses: **5**
Artificial Snow Ratio: **%85**
Natural Snow Ratio: **%15**
Estimated Snow : **20-30cm**
Estimated Wind : **7-12km/h**
Average Temperature : **-5°C**
Dew Point : **-25°C**
Cloud Base : **Clear /5000m**

KANDILI 17-28.01.2023

Snow Thickness: **40-50cm**
Number of Open Courses: **2**
Artificial Snow Ratio: **%100**

Estimated Snow : **40cm**
Estimated Wind : **5-9km/h**
Average Temperature : **-12°C**
Dew Point : **-20°C**
Cloud Base : **Clear /4000m**

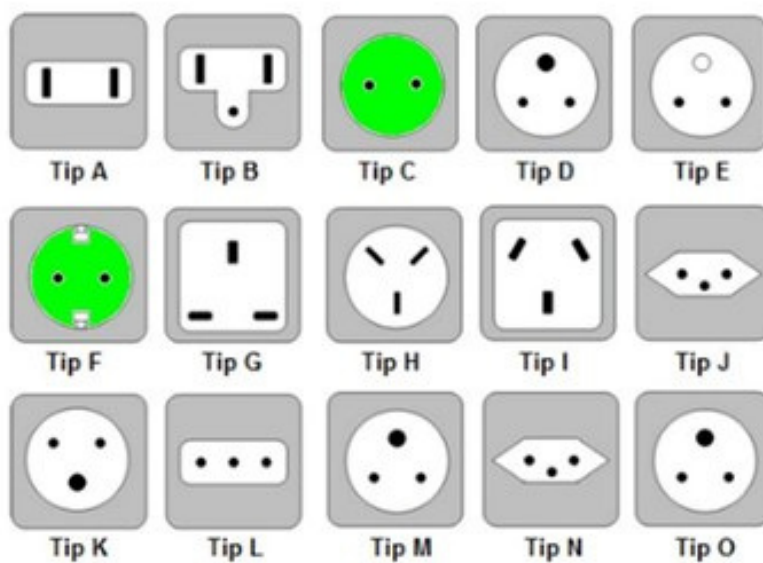
Additional Information

Language spoken: Turkish

Currency: Turkish Liras

Tap water drinkable : NO

Electrical socket:



Communication

Get in touch with us!

Show us how your country and teams are getting ready for the event!

The official event hashtag is #ISFErzurum2023

In order to ensure social media promotion, the ISF wants to create a campaign with you. The ISF wants to publish a 1-minute video of participants (coaches and athletes) to discover the participating teams and promote your excitement for the event. Please, send us a 1-minute vertical video (in .mp4 or .mov format) with both coaches and athletes future participants to answer a few questions:

- Which school and country are you representing?
- Why are you excited to join the event?
- What do you expect from this event?
- How are you preparing for the event?
- Invite other participants to join by saying "Join us in Erzurum!"

An event page <https://events.isfsports.org/isf-winter-gymnasiade-2023/> has been developed and will gather all information regarding the event.

Don't forget to tag us and follow our social media accounts below.

Requested and any additional content created by your Federation or your school athletes and students with coaches can be sent to marija@isfsports.org

We will gladly repost your activity!

@ISFsports

