



BAHRAIN 2024

ISF GYMNASIADE BAHRAIN 2024

MANAMA, 23-31 OCTOBER 2024

BULLETIN 1



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DISCOVER ISF GYMNASIADE 2024 IN BAHRAIN

ISF GYMNASIADE 2024 BAHRAIN



The Kingdom of Bahrain

Bahrain, officially the Kingdom of Bahrain, is a small Arab state situated in a bay on the southwestern coast of the Arabian Gulf.

The Kingdom of Bahrain is known for its unique island setting; cosmopolitan, relaxed way of life, and diverse tourism offerings. With Manama as a capital, the country receives an average of 11 Million visitors/year.

A multicultural heritage

The Kingdom of Bahrain has a vibrant culture and rich history dating back to the **Dilmun** civilization 5000 years ago.

Nowadays, Bahrain is known as a **multicultural** country that welcomes people from all over the world, with a population of around **1,5 million** Bahrainis and residents who embrace people with openness and pride.

Due to its multicultural heritage, the country gathers two official languages: **Arabic** and **English**.



Good to know !

Bahrain comes from the Arabic term "Al Bahrayn", meaning "two seas".

ISF GYMNASIADE 2024 BAHRAIN

Manama, the most religiously diverse city

With a history of co-existence, what really makes Bahrain unique is its people. Bahrain's capital, Manama, is the most religiously diverse city in the GCC, housing Muslim, Christian, Jewish, and Hindu places of worship all within a one-kilometer radius.







Football stands as the most popular sport in Bahrain, with horse racing retaining its status as a national pastime. Meanwhile, Bahrainis also continue to engage in traditional sports like falconry which enjoys popularity as a public entertainment.

Bahrainis also harbor a passion for automobiles and speed, exemplified by the annual Bahrain Grand Prix hosted at the Sakhir International Circuit in central Bahrain.

Additionally, the country made its debut in the Summer Olympic Games in 1984.

Did you know ?

The Qal'at al-Bahrain (site of the ancient capital of the ancient civilization of Dilmun), Bahrain's pearling heritage and Dilmun Burial Mounds were designated UNESCO World Heritage Sites in 2005, 2012 and 2019 respectively.





ISF GYMNASIADE 2024 BAHRAIN

Hosted by the Kingdom of Bahrain and under the patronage of His Majesty King Hamad bin Isa Al Khalifa, I am thrilled to invite school students from all over the world to start their one-year journey to the ISF Gymnasiade Bahrain 2024.

From the 23rd to the 31st of October 2024, the largest ISF school sport event will gather school students from around the world to compete in 25 different sports in Manama, Bahrain.

Over the course of eight days, both students and teachers will have the opportunity to experience a wide range of different activities, from inspiring workshops and seminars to unforgettable cultural visits and interactions with their peers from around the world, all in the spirit of fair-play and respect whilst striving for excellence, through their shared love for sport.

Looking forward to seeing you in Bahrain next year!



Laurent Petrynka ISF President



Ishaq Abdullah Ishaq **Chairman** We are honoured in the Kingdom of Bahrain to host the largest school sports event, which supports the Kingdom's commitment to advancing the sports sector as one of the priority sectors, in line with the visions of His Majesty King Hamad bin Isa Al Khalifa, and following the directives of His Royal Highness Prince Salman bin Hamad Al Khalifa, the Crown Prince and Prime Minister.

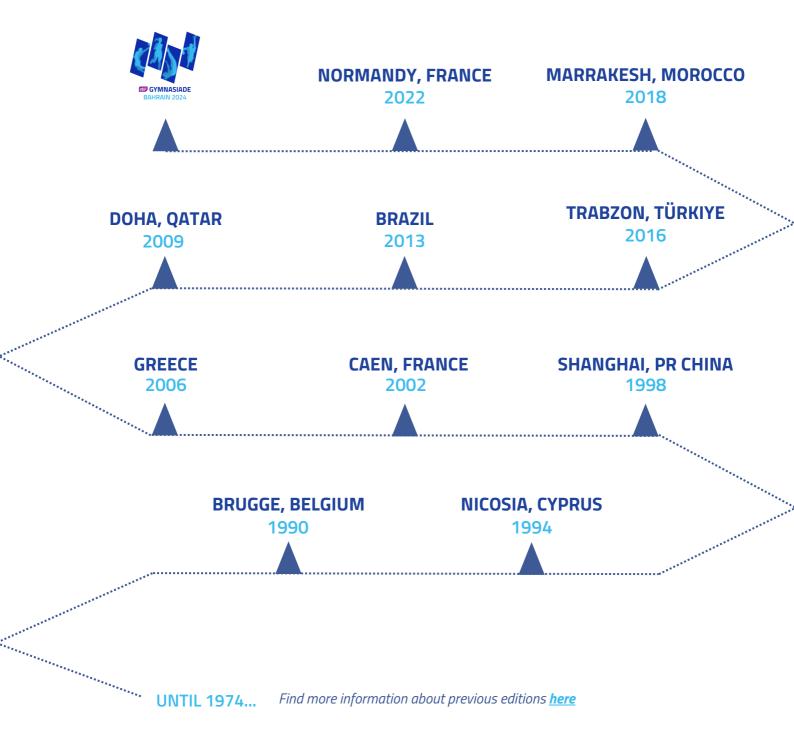
With the support of His Highness Shaikh Nasser bin Hamad Al Khalifa, HM the King's Personal Representative for Humanitarian Work and Youth Affairs, and the major role of His Highness Shaikh Khalid bin Hamad Al Khalifa, ISF LOC will provide an opportunity for youth to participate in the success of this event.

It gives us great pleasure to welcome you all to the ISF Gymnasiade Bahrain 2024. We are looking forward to meeting you and experiencing together a wonderful time in this extraordinary event, which made up of great sporting competitions and different activities.

Executive Committee for ISF Gymnasiade 2024 The Kingdom of Bahrain is all set to welcome the world!



ISF U18 GYMNASIADE PREVIOUS EDITIONS







ATHLETICS



BOXING



CHESS

ARCHERY



BADMINTON



FENCING

BASKETBALL 3x3



BEACH VOLLEYBALL

AEROBIC GYMNASTICS



ARTISTIC GYMNASTICS







JUDO



TABLE TENNIS



KARATE

TAEKWONDO



ORIENTEERING

PADEL



PARA ATHLETICS

SWIMMING



PARA JUDO



PARA SWIMMING

*All technical Sports details will be found in PART 2

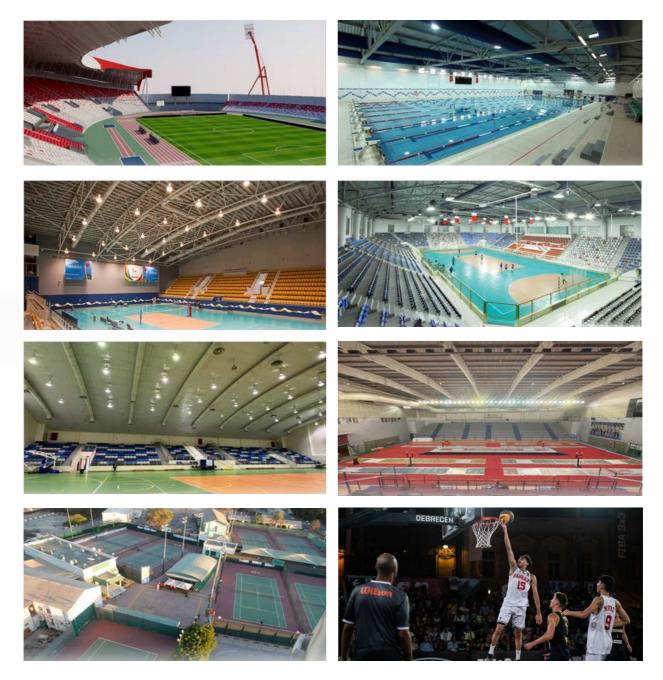
WRESTLING







COMPETITION VENUES GALLERY



*More information about Competition venues in PART 3



PORT OF ENTRY

Travel to the official ports of entry is to be arranged and financed by each participating delegation*.

Port of entry: Bahrain International Airport (BAH)

<u>https://www.bahrainairport.bh/airlines</u> <u>https://www.gulfair.com/en/destination-guide</u>

**Charter Flights*: Upon requirement of participation delegations, the Bahrain LOC in partnership with the Ministry of Tourism can support in facilitating chartered flights through the Ministry's partners.



Refer to the below link "Visa Guide" for breakdown of list of countries that require to obtain a visa.

The procedure to obtain the visa will be administered by the LOC. Participants and delegates are required to upload their information and documents through ERAS or the applicable system, where the LOC will then gather the documents and prepare the necessary formalities to facilitate the e-visas. It is recommended that participants register at least three months prior to the event date to ensure visas are processed in a timely manner.

https://www.evisa.gov.bh/

The LOC, in partnership with the Ministry of Interior in Bahrain and the General Sport Authority will work to ensure and facilitate e-visas to the participants who meet the stipulated requirements.

Note: Parents and participant family are required to apply for the visa via the standard visa services through the link above.



ISF GYMNASIADE 2024 TRAVELLING

INSURANCE

Each participating delegation is required to provide insurance for each member of its delegation. At a minimum, the insurance is to cover civil liability, material damage and medical costs.

PACKAGES FOR FAMILY AND FRIENDS

ISF will develop an online platform for special packages for family and friends which will include different types of accommodation, transportation, entertainment, restaurants, and special assistance during the Event. The link to the platform will be communicated in Bulletin 2.

For the venue access, there will be an accreditation registration fee of 150€ per person which will be done through ISF registration system **ERAS**.

Discounted flights for family and friends of participating athletes will be available through Gulf Air Holidays, the Kingdom of Bahrain's national carrier www.gulfair.com

TOURS AND ACTIVITIES

Tours and activities will also be made available for visitors to enjoy and explore the Kingdom of Bahrain through the Bahrain Tourism App available on iOS and Android. Visitors can book cultural walking tours in the old sougs of Manama and Muharraq, as well as experience water activities such as pearl snorkeling and diving.

Download the app for more information:















ISF GYMNASIADE 2024 ACCOMODATION

Below is a sample of the accommodation venues that will be provided to the participants along with sample photos of the hotels.

More information will be provided in the Bulletin 2.

Crowne Plaza Manama

Gulf Court Hotel Manama

Novotel Bahrain





The K Hotel Bahrain



EVENT MANAGEMENT



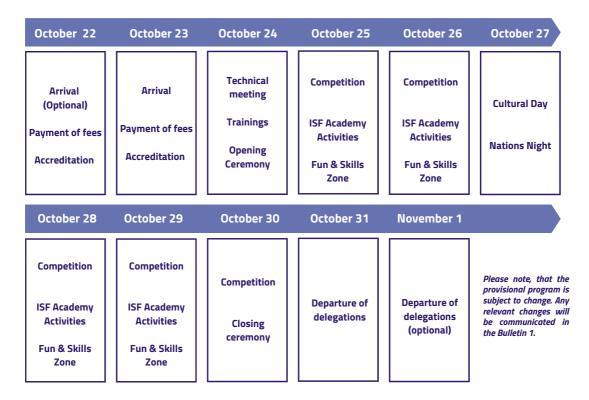
International School Sport Federation (ISF)

Office - <u>admin@isfsports.org</u> Sport department - <u>sport@isfsports.org</u> Communication department - <u>communication@isfsports.org</u> 

Local Organising Committee

The Executive Committee for Organizing the International School Sports Games Office: <u>info@bisf.bh</u>

PROVISIONAL PROGRAM





REGISTRATION PROCESS

The only recognised method of registration is through <u>ERAS</u> - the ISF official registration platform. Within the platform there will be 2 sections of registration:

- for ISF members
- for Non-ISF members

Please select the appropriate section related to your registration type.

Each ISF member country is automatically entitled to have their own credentials to access ERAS.

For non-ISF members registration, access will be provided following submission of information through this initial step.

If you have forgotten your password, you can reset it at <u>Password Recovery | ISF ERAS (isf-eras.org)</u> If you encounter any other problems, please contact the ISF secretariat at <u>sport@isfsports.org</u> Registration to the Event will be divided into **2 phases:**



- Upload all needed documents online
 - Submitting the expected date of arrival and departure, and type of transport

- Rooming list
- Payment overview
- All other relevant document



copy.

REGISTRATION OPEN

coaches, and additional adults;

the athletes will be registered in ;

REGISTRATION DEADLINE COLLECTING THE DATA & INFORMATION DEADLINE

23.10.2023

• The exact number of athletes (boys/girls),

• **Events** (by sport) and their discipline(s), which

• Name, date of birth date, gender, and passport

23.06.2024 23.08.2024

NOTE: AFTER DEADLINE, REGISTRATION OF ADDITIONAL DELEGATION MEMBERS WILL NOT BE POSSIBLE.





There are no limitation in the registration of additional adults, team officials and athletes.

Each delegation shall consist of:

- 1. Head of delegation mandatory
- 2. Deputy Head of Delegation optional
- 3. Student athlete(s) mandatory
- 4. Team officials mandatory
- 5. Field of Play Officials (referees/umpires/judges) optional
- 6. Additional adults optional
- 7. Safeguarding officer optional
- 8. Young reporter optional

Head of the delegation

There is a mandatory amount of one (1) head of the delegation per registering delegation.

- The head of the delegation shall be the sole intermediary between the delegation and the Local Organising Committee, and the ISF.
- He/she may not combine the function with any other official role (i.e., coach, referee, etc.).

Deputy Head of Delegation

- The role of Deputy HoD is to assist the Head of Delegation.
- The presence of the Deputy HoD is not mandatory.
- max 1 Deputy Head of a delegation from 100 to 200 participants.
- max 2 Deputy Heads of a delegation from 201 or more participants.

Student-athletes

- All student-athletes must be enrolled as full-time students at a school in the country in which they represent. All student-athletes must be attending schools that provide general education and/or vocational education incorporating segments of general education.
- Only athletes, registered on the team's list handed in at the accreditation, are authorised to take part in this competition.
- The following are *not* eligible to participate:
 - Attendees of vocational schools only attend a school as a complement to their vocational training and are not full-time students with a segment of general education.
 - Students enrolled at schools that provide sports training without any general education.



COMPOSITION OF DELEGATION

Team officials (Coaches and Other Team Officials)

Coaches

- The coach shall train/direct student-athletes in the competition.
- The presence of coaches is mandatory.

Other Team Officials

• The function of other team officials can be Doctor, trainers, Physiotherapists, Statisticians, Team managers, etc.)

• The function of each other team officials must be specified during the registration process.

Field of play officials - FOPO (judges, referees, umpires)

Depending on the sport and on the number of athletes entered, it is requested the registering delegation provide the required number of FOPOs. Failure to provide the required number of Field of play officials (referees, judges, umpires) will lead to a fine of 900 EUR per missing FOPO.

Additional adults

The function of each additional adult must be specified during the registration process (interpreter, security personnel, ministry representative, media, etc.).

Safeguarding officer

The role of the safeguarding officer is to provide support to the delegation in any situation related to safety.

Young reporter

Each delegation may bring additional young students who will take the role of a young reporter during the ISF event.



FINANCIAL CONDITIONS

To participate, each delegation is required to make two (2) payments:

1/ Deposit payment

2/ Balance fee payment

1/ Deposit payment

In order to submit and validate the registration, the delegation will need to pay a deposit of **120€ per participant.**

Please note that participation in the event is granted only by the deposit payment per registered participant.

- The sum will be deducted from the total participation cost.
- The deposit must be sent as a single payment for the whole delegation
- The deposit is non-refundable in the event of non-participation.
- All bank charges are to be met by the participants.

All deposits for the registered teams per category are to be paid by 23.06.24

If the deposits are not paid within the deadline, the registrations will not be considered valid and automatically deleted from ERAS.

Deposits are to be paid during registration by credit card or by the payment gateway, and or by bank transfer to the ISF to the following account

> Name of the Bank: BNP BARIPAS FORTIS Address of the bank: Rond-point Robert Schuman 10, 1040 Bruxelles, Belgium BIC/Swift Code: GEBABEBB IBAN: BE 03 0015 2130 7984 Payee/holder: International School Sport Federation, 168 Avenue de Tervueren, 1050 Brussels, Belgium Reference: ISF Gymnasiade 2024 – Deposit – [name of the delegation]





2/ Balance fee payment

Balance fee payment = Participation fee - Deposit (already paid)

The balance fee payment is to be paid before the start of the event to the LOC account (LOC bank instruction will be published in Bulletin 2. All bank charges are to be met by the participating delegation).

Participation fee

The participation fee covers full board accommodation for the duration of the event plus competition, cultural program activities, and all local transport from the arrival to the official port of entry to the departure of the delegation.

The participation fee is composed of:

- 1. Rates by night: minimum 60€/night/delegation member
- 2.ISF levy:
 - 100€ per person (ISF members)
 - 150€ per person (non-ISF members)

The balance fee payment is to be paid by 23.08.24



The table below shows an overview of the minimum participation fee per participant.



More information on the balance fee payment will be provided in Bulletin 1.

RATE BY NIGHT

Head of Delegation/Deputy	Single occupancy	60€
Coach	Double occupancy	60€
Coach	Single occupancy	120€
Athlete	2-4 bedded rooms	60€
Additional adult Additional	Double occupancy	60€
adult	Single occupancy	120€
Other Team official	Double occupancy	60€
Other Team official	Single occupancy	120€
Field of Play official	Double occupancy	60€
Field of Play official	Single occupancy	120€



Created in December 2022, the ISF Academy is the educational center of the International School Sport Federation delivering online and onsite capacity-building activities for teachers, school sports representatives, coaches, officials, and students around the world. It aims to recognize and or to upgrade the knowledge and skills of any of these stakeholders involved or planning to be involved in national, continental, or international sports, educational networks, institutions, events, or organisation.

The mission of this body is to design and deliver short-, mid-, and long-term quality education and capacity-building activities for physical education teachers, national school sport representatives, coaches, officials, and students around the world. These educational programmes will be held online on the ISF Academy platform prior to the events and particularly during the organisation of ISF events on-site, after the competition hours.

Therefore, before and during this international ISF event, heads of delegation, coaches, referees, international school athletes, and local school students will have the opportunity to take part in various interactive educational activities on different topics





SAFEGUARDING CHILDREN IN SPORT & ANTIDOPING WORKSHOPS

The ISF's promotion of school sport through its international events is no longer confined to the pitches and stadiums, but also involves imparting knowledge through workshops on two themes that are dear to us all: safeguarding and antidoping. ISF firmly believes that children have and must have the necessary inner resources, through these workshops, to understand, identify and react to negative behaviour such as racism, gender inequality or violence and abuse. The challenge for ISF is to find the right way to express difficult ideas and present complicated topics to young people so that they understand, but also so that they correctly apprehend this problem and are able to react to it.

Raising awareness and enabling participants to transfer their knowledge to their peers back home are also key elements of ISF. At this year's Gymnasiade in Bahrain, athletes from all over the world were able to attend week-long workshops given by experts in the field, passing on their knowledge and experience through dedicated, constructive and interactive workshops.





> PHYSICAL EDUCATION TEACHERS SEMINAR

Whoever said that acquiring knowledge and skills is reserved only for the youth?

The ISF Academy has recently taken on another challenge: to train Physical Education teachers, enhancing their skills and giving them the best tools to promote sports within the school environment. During the Gymnasiade, the ISF Academy, in partnership with International Sports Federation will organise workshops aiming at providing pedagogical tools and innovative exercises to better engage young individuals in sports and develop life skills through the sport. This activities will be open to any PE Teachers worldwide but particularly to local PE Teachers from Bahrain.

Through these educational programs, ISF strongly believes in the importance of these moments of exchange and sharing, designed for both children and adults, providing the right steps to develop school sports and its values worldwide.



ARTISTIC ACTIVITIES - PAINTING AND SCULPTING

In the Fun and Skills Zone, the athletes participating in the event will have the opportunity to take part in artistic activities. These painting and sculpting activities animated by Ms Diane de Navacelle de Coubertin will the opportunity to gather the young participants who will have the opportunity to express their artistic imagination around sport and related to the olympism values.



ISF HEADS OF DELEGATIONS, COACHES AND REFEREES ONLINE WEBINAR FINANCIAL CONDITIONS

Below you will find the registration price for the different stakeholders:

- Head of Delegation (HoD): **150 euros**
- Deputy Head of Delegation (if any): **150 euros**
- Assistant to the Head of Delegation (if any): **150 euros**
- · Coaches: **150 euros**
- . Referee: **150 euros**

Important:

The ISF member federations (or other organisation if they are not ISF members) participating in the event will be responsible for covering the costs of the online course for the representatives of their delegation for the categories above. The participating organisation (ISF member or non-member) will receive in the general payment overview for their participation in ISF events, the costs related to the courses for the Head of Delegation and Coaches participating in the event.

Assessments & Certification

Following their active participation in the educational programme and webinars, the participants will be kindly requested to take part in an assessment of knowledge for each of the modules. This assessment will be available on the online platform of the academy. Each participant will receive a link to complete these assessments.

In order to validate their certification, each participant must participate in the complete webinars and complete the all the assessments.

To validate their certification, each participant must have a minimum of 50% success rate to all the assessments.

Each participant certified will receive their diploma by email individually.



► ISF YOUNG REPORTERS

APPLY YOUR STUDENTS TO MEDIA FOLLOW YOUR DELEGATION

The ISF Young Reporters Programme is an educational programme offering media education with experts while providing practice in the field on the international stage. This programme welcomes participants from all around the world with no prior experience needed.



The registration is open to any young people:

- Young people ISF members & non-ISF members aiming to participate exclusively in this programme
- Young reporters already part of the participating delegation to the ISF event
- Local students for the organizing committee country.
- Athletes participating in the ISF event (depending on their competition schedules)
- Any young individual could register for this programme

Young participants will be part of the School Sports Journalism and Media workshops during ISF events led by known experts offering them education, practice, and lifetime experience in the field.

They will learn about the organisation of large sporting events, photography skills, creating content for social media, what is school sports journalism, and how to report events. Moreover, they will discover the world of video production and how broadcasting looks backstage.

If registering ISF Youth Reporter together with your delegation, add it over the **ERAS platform** as an additional person emphasizing its role.

If the delegation is not registering (country) for the event, registration is possible over e-mail: *marija@isfsports.org*



ISF YOUNG REPORTERS FINANCIAL CONDITIONS

Full duration of the event (9 nights) - 640€ Full duration of the event (8 nights) - 580€

Flexible duration (minimum 5 nights) - 400€

--per person/per night

Payment includes transfers from and to the airport, food, accommodation, and participation in the program.

To addition:

Host country participants (minimum 10) can participate for free. Accommodation and Food is in the arrangement of LOC

Contact:

Marija Lozancic, ISF Communication and PR Manager Email: marija@isfsports.org Tel: +32 491 905 624 Contact us for ISF YRP Bulletinn

> Name of the Bank: BNP PARIBAS FORTIS Address of the bank: Rond-point Robert Schuman 10, 1040 Bruxelles, Belgium BIC/Swift Code: GEBABEBB IBAN: BE 03 0015 2130 7984 Payee/holder: International School Sport Federation, 168 Avenue de Tervueren, 1050 Brussels, Belgium

Reference: ISF Bahrain 2024– ISF YRP– [Name of the Country]



ISF GYMNASIADE 2024 Additional INFORMATIONS



Currency : Bahraini dinar (BHD)

Time zone : Arabia Standard Time (AST)

1 BHD = 2,65 \$ USD

+3 GMT

Weather in Bahrain

25° C	OCTOBER	34° C	
		••••••	

Power plug

For Bahrain the associated plug type is G, which is the plug that has three rectangular pins in a triangular pattern. Bahrain operates on a 230V supply voltage and 50Hz.





LEARN MORE ABOUT SPORTS TECHNICAL DETAILS

ARCHERY

BOYS

- 1. Individual Recurve boys
- 2. Individual Compound
- how
- 3.Recurve Boys Team

4. Compound Boys Team

GIRLS

Individual Recurve girls
 Individual Compound girls
 Recurve Girls Team
 Compound Girls Team

Μ	П	v	F
	L	Λ	

1. Recurve mixed team event 2. Compound mixed team 2007 2008 2009

AGE CATEGORY

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.
- Each participant can participate in more than one discipline.
- Each delegation must register a minimum of 1 coach per gender.
- Each delegation can register team officials.
- Recurve Boys Team Event = 3 boys from the same delegation
- Compound Boys Team Event = 3 boys from the same delegation
- Recurve Girls Team Event = 3 girls from the same delegation
- Compound Girls Team Event = 3 girls from the same delegation
- Recurve mixed team = 1 boy and 1 girl from the same delegation
- Compound mixed team = 1 boy and 1 girl from the same delegation

The following friendly events will be held during the archery competition days:

• Recurve international mixed team event = 1 boy and 1 girl from different delegations

• Compound international mixed team event = 1 boy and 1 girl from different delegations

International mixed teams will be announced after the individual qualification round.





BOYS

∎100m, 200m, 400m, 800m, 1500m,
3000m
■110m hurdles (91.4cm), 400m hurdles
(84.0cm), 2000m steeplechase (84.0cm)
 High Jump, Long Jump, Triple Jump, Pole
Vault
■Shot Put (5kg), Discus (1.5kg), Javelin
(700g), Hammer (5kg)
■4x100m relay, Medley
(100x200x300x400m), Medley
(200x400x600x800m)

GIRLS	AGE CATEGORY
 100m, 200m, 400m, 800m, 1500m, 3000m 100m hurdles (76.2cm), 400m hurdles (76.2cm), 2000m steeplechase (76.0cm) High Jump, Long Jump, Triple Jump, Pole Vault • Shot Put (3kg), Discus (1kg), Javelin (500g), Hammer (3kg) 4x100m relay, Medley (100x200x300x400m), Medley (200x400x600x800m) 	2006 2007 2008

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.
- Each participant can register in more than one discipline.
- Each delegation must register a minimum of 1 coach per gender.



BADMINTON

BOYS	GIRLS	MIXED	AGE CATEGORY
1.Single 2.Double	1.Single 2.Double	1.Mixed double 2.Mixed team relay	2006 2007 2008

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.
- Each delegation must register a minimum of 1 coach per gender.
- Minimum number of umpires per delegation:
- from 1 to 4 athletes = 0 field of play officials (umpire)
- 5 or more athletes = 1 field of play official (umpires)

Umpires must have a national/continental or international level license.

*Failure to provide the required number of Field of play officials (umpires) will lead to a fine of 900 EUR per missing umpire.



BASKETBALL 3X3

BOYS	GIRLS	AGE CATEGORY
Tournament	Tournament	2006 2007 2008

COMPETITION SPECIFICS

- There is no limit in registration to the number of teams per country per gender and number of team officials.
- Each team consists of a minimum :
- 4 athletes, /minimum 3
- 1 coach/ Head of the team
- 1 FOPO (referee)
- Field of play officials (referees) have to be FIBA or National license 3x3 referees.

*Failure to provide the required number of Field of play officials (referees) will lead to a fine of 900 EUR per missing referee.



BEACH VOLLEYBALL

BOYS	GIRLS	AGE CATEGORY
Tournament	Tournament	2006 2007
		2008

COMPETITION SPECIFICS

There is no limit in registration to the number of teams per country per gender and number of team officials.

Each team consists of a:

- minimum 2 and maximum 3 athletes,
- 1 coach
- 1 FOPO (referee)

Field of play officials (referees) have to be FIVB Beach Volleyball licensed or National Beach Volleyball licensed.

*Failure to provide the required number of Field of play officials (referees) will lead to a fine of 900 EUR per missing referee.



BOXING

CLASS A (2008)		
BOYS	GIRLS	
44-46kg	44-46kg	
46-48kg	46-48kg	
48-50kg	48-50kg	
50-52kg	50-52kg	
52-54kg	52-54kg	
54-57kg	54-57kg	
57-60kg	57-60kg	
60-63kg	60-63kg	
63-66kg	63-66kg	
66-70kg	66-70kg	
70-75kg	70-75kg	
75-80kg	75-80kg	
80+kg	80+kg	

BOYS	GIRLS
46-48kg	45-48kg
48-51kg	48-50kg
51-54kg	50-52kg
54-57kg	52-54kg
57-60kg	54-57kg
60-63.5kg	57-60kg
63.5-67kg	60-63kg
67-71kg	63-66kg
71-75kg	66-70kg
75-80kg	70-75kg
80-86kg	75-81kg
86-92kg	81+kg
92+kg	

COMPETITION SPECIFICS

The tournament will be organized in 2 age categories for each gender Class A (2008); Class B - (2006-2007).

- There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.
- Each delegation must have at least 1 coach per gender.
- Minimum number of FOPO (judges) per delegation:
 - From 1 to 4 athletes = 0 FOPO (Judge)
 - From 5 to 8 athletes = 1 FOPO (Referee & Judge) must be a minimum of IBA 1
 - 9 or more athletes = 2 FOPOs (Referee & Judge) must be a minimum of IBA 1

FOPO (referee&judge) must bear minimum IBA1

*Failure to provide the required number of Field of play officials (referees and judges) will lead to a fine of 900 EUR per missing referee.





AGE CATEGORY
2006-2007-2008- 2009-2010-2011

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.

Each delegation must register at least 1 coach.



DANCESPORT

AGE CATEGORY		2006-2007-2008	
BREAKING	PERFORMING ART	НІР НОР	LATIN
1.Boys 2.Girls 3.Mixed	Teams (Boys and/or girls and/or mixed)	Teams (Boys and/or girls and/or mixed)	Teams (Boys and/or girls and/or mixed)

COMPETITION SPECIFICS

There is no limit to the number of athletes per country per event per gender and number of team officials.

There is no limit to the maximum number of participants per team.

Each delegation must have at least 1 coach per discipline.

Each participating delegation nominates 1 judge for the dance style in which they registered.

The judge must have an international-level judging license.

ISF will nominate judges from different countries, according to nominations.

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR per missing judge.







FORMAT AND COMPETITIONS TYPE

BREAKING DISCIPLINE

- 1vs1 Bboys battle
- 1vs1 Bgirls battle
- 2vs2 mixed battle (duo; 1 Bboy and 1 Bgirl)

The team consists of a minimum of 1 athlete and 1 coach.

A mixed team is composed of 1 boy and 1 girl

Athletes who have entered the individual competition (1vs1) can compete in mixed team events.

PERFORMING ART DISCIPLINE

Format: team competition, girls and/or boys and/or mixed

The team consists of a minimum of 4 athletes and 1 coach.

Teams competing will perform a choreographed Show Dance routine to demonstrate their style and expertise. The duration of the music must be a minimum of 2.30 – a maximum of 3.30 minutes. Teams perform their own music.

HIP HOP DISCIPLINE

Format: team competition, girls and/or boys and/or mixed.

The team consists of a minimum of 4 athletes and 1 coach.

The team competing will perform a choreographed Hip hop routine to demonstrate their style and expertise. The duration of the music must be a minimum of 2.30 – a maximum of 3.30 minutes. Teams perform their own music.

LATIN DISCIPLINE

Format: team competition, girls and/or boys and/or mixed The team consists of a minimum of 4 athletes and 1 coach.

Teams competing will perform a choreographed routine to demonstrate Latin American dance style and expertise. The duration of the music must be a minimum of 2.30 – a maximum of 3.30 minutes. Teams perform on their own music.



► FENCING

BOYS	GIRLS	AGE CATEGORY
1. Epee	1. Epee	2006
2. Sabre	2. Sabre	2007
3. Foil	3. Foil	2008

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.
- Each delegation must enter a minimum 1 coach.
- Each participating delegation must bring a minimum number of Judges (FIE A or B grade referee license in at least 2 weapons) per delegation as follows:
- from 1 to 3 athletes = 0 FOPO (Judge)
- 4-7 athletes = 1 FOPO (Judge)
- 8 or more athletes= 2 FOPOs (Judges)
- FOPO (judge) must bear FIE A or B-grade referee, with licenses in at least 2 weapons.



AEROBIC GYMNASTICS

BOYS	GIRLS	MIXED	AGE CATEGORY
1. Individual	1. Individual	1. Pairs 2. Trio 3. Group	2007 2008 2009

COMPETITION SPECIFICS

- All athletes must have a valid FIG license which is valid till the end of the competition.
- There is no limit in registration to the number of athletes (teams) per country per event per gender and the number of team officials.
- Individual girl: 1 girl competitor
- Individual boy :1 boy competitor
- Mixed pairs: 1 boy and 1 girl
- Trio :3 competitors of optional gender
- Group competition = 5 competitors of optional gender
- Athletes who have competed in a Senior Age category in an official FIG event may not participate in the Gymnasiade.

Each delegation is required to bring judge(s):

• All judges must have a valid FIG brevet (Category 1-2-3 or 4)

Judges division

- from 1 to 4 athletes = 1 judge
- 5 or more athletes = 2 judges



ARTISTIC GYMNASTICS

BOYS

- Floor Exercise
- Pommel Horse
- Rings
- Vault
- Parallel Bars
- Horizontal Bar
- Individual All-Around
- Team Competition

GIRLS	

- Vault
- Uneven Bars
- Balance Beam
- Floor Exercise
- Individual All-Around
- Team Competition

Boys :

AGE CATEGORY

2006

2001

2008

Girls:

2009

2010

COMPETITION SPECIFICS

- All athletes must have a valid FIG license which is valid till the end of the competition
- There is no limit to the number of athletes (teams) per country per event per gender and number of team officials
- Team competition division (MAG/WAG):
- The team is composed of 3 to 5 athletes.
- Athletes who have competed in a Senior Age category in an official FIG event may not participate in the Gymnasiade.

Each delegation is required to bring judge(s) All judges must have a valid FIG brevet (Category 1-2-3 or 4)

Judges division / WAG/MAG:

- Individual: from 1 or 2 athletes = 1 judge
- Team : 3-5 athletes =2 judges



RHYTHMIC GYMNASTICS

GIRLS

GROUP COMPETITION

- 5 pairs of Clubs
- 5 Hoops

INDIVIDUAL COMPETITION

AGE CATEGORY

2009

2010

All around competition

- Ноор
- Ball
- Clubs
- Ribbon
- Individual Finals Apparatus

COMPETITION SPECIFICS

- All athletes must have a valid FIG license which is valid till the end of the competition
- There is no limit to the number of athletes (teams) per country per event per gender and number of team officials
- The team is composed of 5 to 6 athletes.
- Athletes who have competed in a Senior Age category in an official FIG event may not participate in the Gymnasiade.

Each delegation is required to bring judge(s) All judges must have a valid FIG brevet (Category 1-2-3 or 4)

- 1 or more individual athletes = 1 judge
- from 5 to 6 group athletes= 1 judge
- 1 or more individual athletes + 5 to 6 group athletes= 2 judges

Note: If competing in both individual and group exercises, two judges are required, but one judge is allowed if he /she has a FIG brevet for both the RGI and RGG.



HANDBALL

BOYS	GIRLS	AGE CATEGORY
Tournament	Tournament	2007 2008

COMPETITION SPECIFICS

There is no limit in registration to the number of teams per country per category and the number of team officials per team.

Each team consists of a :

- 12 14 athletes,
- minimum 1 coach
- 2 FOPOs (refereess)

Each team shall appoint one pair of referees. The nominated referees shall be appointed in cooperation with the respective National Handball Federation. All costs shall be covered by the delegation. Failing to appoint referees will result in a fine of 1800 Euros per pair, to be paid together with the final balance. The nomination of referees will be confirmed by the IHF. All referees shall preferably be under 28 years of age and in possession of the highest national level (from the respective National Handball Federation) or beginning international level.



JUDO

BOYS	5	GIF	RLS	AGE CATEGORY
-50kg -55kg -60kg -66kg	-73kg -81kg -90kg +90kg	-40kg -44kg -48kg -52kg	-57kg -63kg -70kg +70kg	2007 2008 2009

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.
- Each delegation must enter a minimum 1 coach per gender.
- Each participating delegation must bring a minimum of 1 FOPO (judge) with an IJF or Continental license.



KARATE

AGE CATEGORY

CATEGORY BY BELTS/RANKING

A. Green and blue belts
Only in kata Discipline
B. Brown and black belts
Only in kata Discipline

SPORT KUMITE

1. JUNIORS I (2008-2007) 2. JUNIORS II (2006)

 Individual and team Inter-style All Belts

 Boys
 Girls

 1.-65 kg
 1.-55kg

 2.-75kg
 2.-60kg

 3.+75kg
 3.+60kg

*sanbon shobu system *ippon shobu system

Individual Kata Girls	Team Kata Girls (3 athletes)
Individual Kata Boys	Team Kata Boys (3 athletes)
Ind. Fuku-Go Girls	Enbu Girl&Boy (2 athletes)
Ind. Fuku-Go Boys	Enbu Boy&Boy (2 athletes)
Ind. Ko-go Kumite Girls	Ko-go Kumite Team Girls (4 athletes)
Ind. Kumite Boys*	Kumite Team Boys* (4 athletes)
Individual Ikkaido	Team Ikkaido (3 athletes Mix gender) (Min 1 Max 2 athletes with disabilities)
Individual Kobudo Girls	Individual Kobudo Boys

2006-2007-2008

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country per event per gender and the number of team officials.

- Each delegation must enter a minimum of 1 coach per gender.
- Each participating delegation must bring a minimum number of FOPO (judges) per delegation:
 - from 1 to 5 athletes = 0 FOPO (Judge)
 - \circ from 6 to 20 athletes = 1 FOPO (Judge)
 - \circ from 6 to 50 athletes = 2 FOPOs (judges)
 - 51 or more athletes = 3 FOPOs (Judges)
- FOPO (judge) must hold a category A license.





URIENTEERING

BOYS	GIRLS	AGE CATEGORY
 Individual and/or team sprint distance Individual and/or team middle distance 	1. Individual and/or team sprint distance 2. Individual and/or team middle distance	2006 2007 2008

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country per event per gender and number of team officials.
- Each delegation must enter a minimum 1 coach per gender.
- Each country has one team.
- The team is composed of each registered individual competitor who is an attendee of the country where the school is located.
- To get ranked in the team competition, there must be a minimum of 3 official results in each discipline.
- If a country has less than 3 runners in a category, these runners will only take part as an individual.
- Athletes will be able to run to a mixed friendship team event (non-medal event).



PADEL

BOYS	GIRLS	MIXED	AGE CATEGORY
Double	Double	Double	2006 2007 2008

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.

Each delegation may enter a minimum of :

- 2 athletes per gender
- 1 coach per gender
- 1 FOPO (referee)

Each delegation is required to provide 1 FOPO needs to hold an FIP license.

Delegations can register the FOPO without a FIP license, however, the FOPO will be required to attend online courses which will be organized jointly with FIP before the start of the event.



SWIMMING

BOYS

Freestyle: 50m, 100m, 200m, 400m, 800m, 4x100m relay Backstroke: 50m, 100m, 200m Breaststroke: 50m, 100m, 200m Butterfly: 50m, 100m, 200m Medley: 200m, 400m, 4x100m relay ____

GIRLS

Freestyle: 50m, 100m, 200m, 400m, 800m, 4x100m relay Backstroke: 50m, 100m, 200m Breaststroke: 50m, 100m, 200m Butterfly: 50m, 100m, 200m Medley: 200m, 400m, 4x100m relay

MIXED RELAYS

Freestyle: 4x100m relay (2 female and 2 male swimmers) Medley: 4x100m relay (2 female and 2 male swimmers) AGE CATEGORY

2006

2007

2008

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.
- Each delegation must enter a minimum of 1 coach per gender.
- Each delegation may enter an unlimited number of swimmers in individual events
- Each swimmer may enter an unlimited event plus the relays.
- Each delegation may enter more than one (1) team in each relay event.





BOYS	GIRLS	AGE CATEGORY
		2006
1.Single	1.Single	2007
2.Teams	2.Teams	2008

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.

Each delegation may enter a minimum of :

- 1 athlete per gender
- 1 coach per gender
- 1 FOPO (umpire)

Minimum number of field of play officials (umpire) per delegation:

- from 1 to 4 athletes = 1 FOPO (umpire)
- 5 or more athletes = 2 FOPOs (umpires)

Each athlete can register for all events.

Team competition:

- Minimum 3 athletes must be from the same delegation.
- Maximum 4 athletes can be from the same delegation.
- If only 2 athletes are present, it is not possible to participate in the team competition.



TAEKWONDO

AGE CATEGORY

KYORUGI		
BOYS	GIRLS	
145kg	142kg	
248kg	244kg	
351kg	346kg	
455kg	449kg	
559kg	552kg	
663kg	655kg	
768kg	759kg	
873kg	863kg	
978kg	968kg	
10. +78	10.+68kg	

2007-2008-2009

POOMSAE

BOYS

Recognized Individual Pair Team (3 athletes) Freestyle Individual Pair

GIRLS

Recognized Individual Pair Team (3 athletes) Freestyle Individual Pair

MIXED GENDER

Free style Poomsae

Team of 5 athletes (2 Boys and 3 Girls or 2 Girls and 3 Boys)

COMPETITION SPECIFICS

- The event is WT recognizes as G1
- The competition will be held for color and black belts separately
- Athletes need to have a GAL (Global Athlete Licence).
- Black belt athletes need to have an international GAL
- Colour belt athletes need to have a national GAL
- Coaches need to have a Coach courses active GOL(Global Official License)
- There is no limit in registration to the number of athletes per country per event per gender and number of team officials
- Each delegation must enter a minimum 1 coach per gender

To be eligible to participate in the black belt competition:

- Kyorugi and Poomsae Qualification of Contestant (According to WT Rules):
- One recommended by the WT MNA
- Holder of Taekwondo Dan/Poom certificate issued by the Kukkiwon
- Holder of the WT Global Athlete License (GAL)

Following the agreement with World Taekwondo (WT), each participating delegation must bear the cost of the stay of the referees who will be appointed by WT, with the fee depending on the number of athletes registered.

- From 1 to 5 athletes = 150€
- From 6 to 20 athletes = 300€
- 21 or more athletes= 450€





BOYS	GIRLS	AGE CATEGORY
1.Single	1.Single	2006
2. Double	2.Double	2007
3.Teams	3.Teams	2008

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country per event per gender and number of team officials.

Each athlete can register for a maximum of 2 events.

Minimum number of field of play officials (referees) per delegation:

- 1 athlete = 0 FOPO (referee)
- 2 or more athletes = 1 FOPO (referee)

FOPO needs to hold an ITF license.

Team competition:

- Minimum 2 athletes must be registered
- Maximum 4 athletes can be registered



► WRESTLING

AGE CATEGORY	2007-2008-2009	
BOYS		GIRLS FREESTYLE
FREESTYLE	GRECO ROMAN	
1.41-45kg 2.48kg 3.51kg 4.55kg 5.60 kg 6.65kg 7.71kg 8.80kg	1.41-45kg 2.48kg 3.51kg 4.55kg 5.60 kg 6.65kg 7.71kg 8.80kg	1. 36-40kg 243kg 346kg 449kg 553kg 657kg 761kg 865kg 969kg
9.92kg 10. 110kg	9.92kg 10. 110kg	1073kg

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country per event per gender and number of team officials
- It is strongly recommended that'll-athletes hold valid UWW license
- Each delegation must enter a minimum 1 coach per gender
- Each delegation must bring a minimum number of FOPO (referee) as follow:
 3 or more athletes = min 1 and up to 3 FOPOs (referees)
- Referees must hold a UWW referee license for 2024.





PARA ATHLETICS

BOYS

- 1.100 m (track)
- 2.400 m (track)
- 3.1500 m (track)
- 4.3000 m (track)
- 5. Shot put (field)
- 6. Javelin throw (field)
- 7. Discus throw (field)
- 8. Club (hammer) throw (field)
- 9. Long jump (field)

COMPETITION SPECIFICS

Eligible impairments

- Physical impairments:
 - Impaired muscle power
 - Impaired passive range of motion
 - Ataxia
 - Athetosis
 - Hypertonia
 - Leg length differenceLimb deficiency/loss
 - Short stature

Intellectual impairments:

GIRLS

1.100 m (track)

2.400 m (track)

3.1500 m (track)

4.3000 m (track)

5. Shot put (field)

6. Javelin throw (field)

7. Discus throw (field)

9. Long jump (field)

8. Club (hammer) throw (field)

Class II 1

• Vision impairments

 Less than 1/10th to the best eye after correction (two categories: total blind on one side and visually impaired on the other) **AGE CATEGORY**

2006

2007

2008

There is no limit in registration to the number of athletes per country per event per gender and number of team officials

Certification of classification:

- For athletes with physical and visual disabilities, the National classification will be applied.
- For athletes with intellectual impairment, the criteria corresponding to VIRTUS II1 will be applied:
- An IQ of 75 or less,
- A significant limitation of adaptive behavior expressed in conceptual, social, and practical adaptive skills,
- The deficiency must have been diagnosed before the age of 18.
- The National medical diagnostic form must be submitted to the registration system (ERAS) by 23 August 2024. (deadline of data collection)





BOYS	GIRLS	AGE CATEGORY
160kg	1 57kg	2006
273kg	2.+57kg	2007
3.+73kg		2008

COMPETITION SPECIFICS

Eligible impairments

Vision impairments: B1, B2, B3 according to the old classification system, and/or J1, J2 according to the new classification system will be allowed to compete.

There is no limit in registration to the number of athletes per country per event per gender and a number of team officials.

Certification of classification:

- For athletes with vision and deaf disabilities, the National classification will be applied.
- The National Medical Diagnostic form must be submitted to the registration system (ERAS) by 23 August 2024.





PARA SWIMMING

BOYS

- 1.50m breaststroke
- 2.50m butterfly
- 3.50m backstroke
- 4.50m freestyle
- 5.200m freestyle
- 6.200m medley

GIRLS

- 1.50m breaststroke
- 2.50m butterfly
- 3.50m backstroke
- 4.50m freestyle
- 5.200m freestyle
- 6.200m medley

AGE CATEGORY

- 2006
- 2007
- 2008

COMPETITION SPECIFICS

Each delegation may enter a minimum of :

- 1 athlete per gender
- 1 coach per gender
- 1 team official

There is no limitation on number of athletes per country per event. There is no limitation on number of coaches and Team officials per country.

Eligible impairments

- Physical impairments:
 - Impaired muscle power
 - Impaired passive range of motion
 - Ataxia
 - Athetosis
 - Hypertonia
 - Leg length difference
 - Limb deficiency/loss
 - Short stature

Certification of classification:

- For athletes with physical and visual disabilities, the National classification will be applied.
- For athletes with intellectual impairment, the criteria corresponding to VIRTUS II1 will be applied: An IQ of 75 or less,
 - A significant limitation of adaptive behavior expressed in conceptual, social, and practical adaptive skills,
 - The deficiency must have been diagnosed before the age of 18.
- The National medical diagnostic form must be submitted to the registration system (ERAS) by August 23, 2024



- Intellectual impairments:
 - Less than 1/10th to the best eye after correction (two categories: total blind on one side and visually impaired on the other)
 - Class II 1
- - Vision impairments

ISF GYMNASIADE 2024 PARTE

DISCOVER THE VENUES









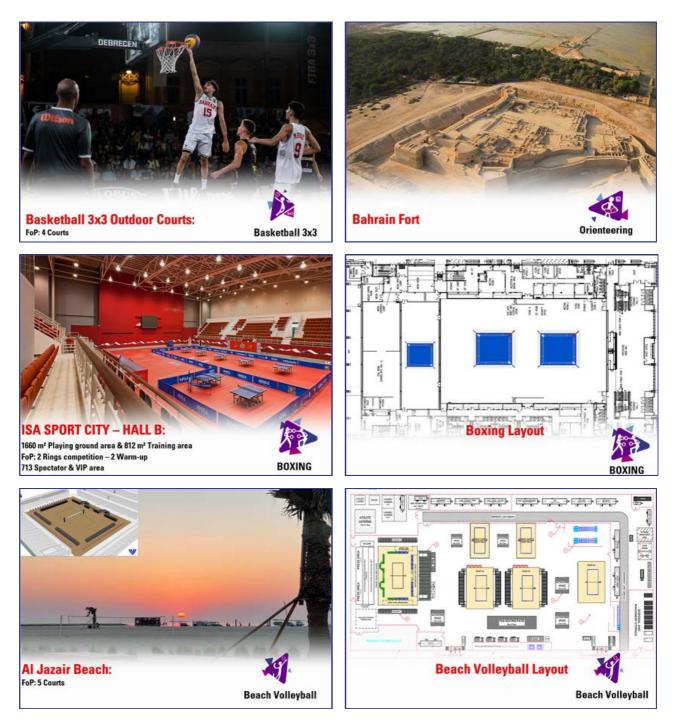
















COMPETITION VENUES



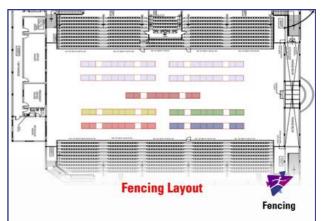


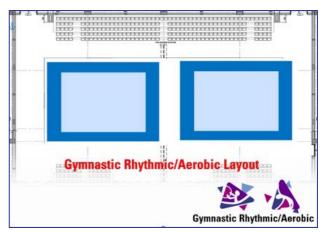




Hotels Exhibition H 1 Playing Hall FoP: 12m x 18m

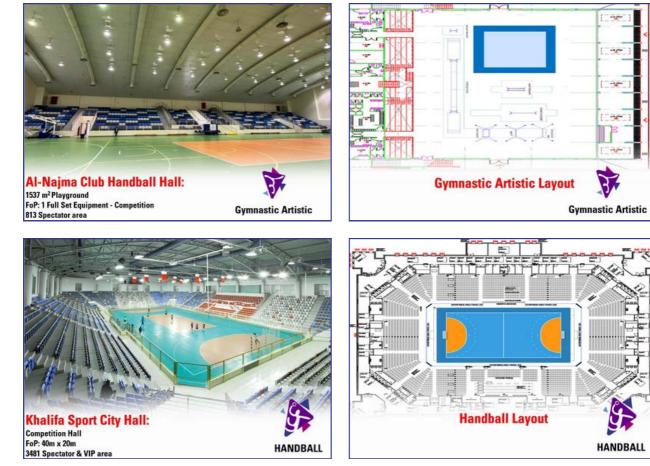
Dance Sports



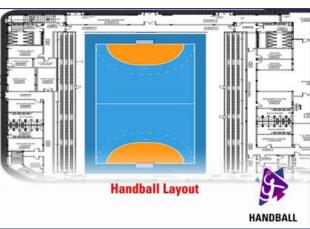






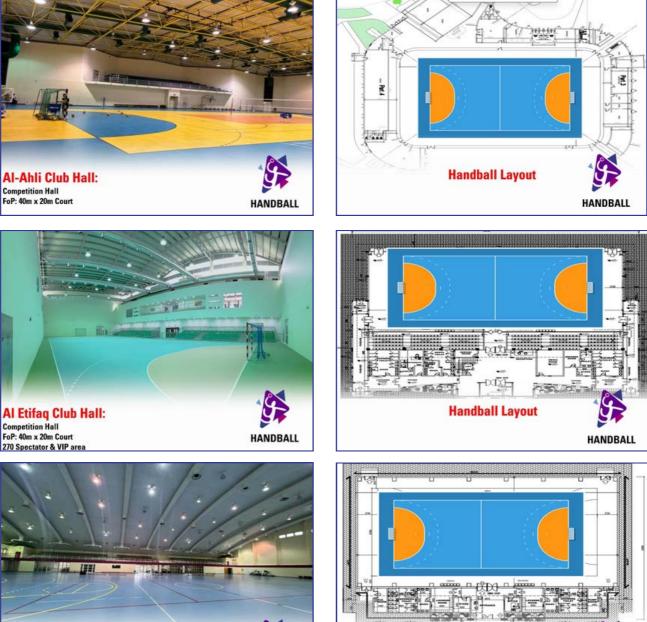






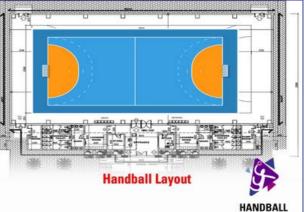






Al Shabab Club Hall: Training Hall FoP: 40m x 20m Court











Training Hall FoP: 40m x 20m Court

HANDBALL

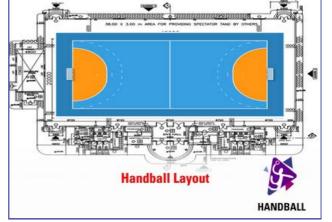


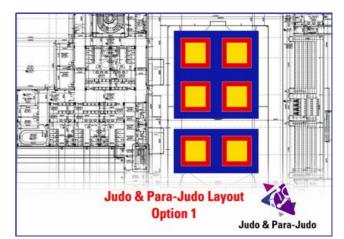
Bahrain FIFA Futsal Hall – Option 1 : 1276 m² Playground FoP: 3 Mats Competition – 1 Mat Warm-up Spectator area + VIP Area

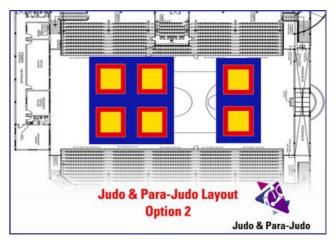
Judo & Para-Judo



FoP: 3 Mats Competition – 1 Mat Warm-up 1100 Spectator area



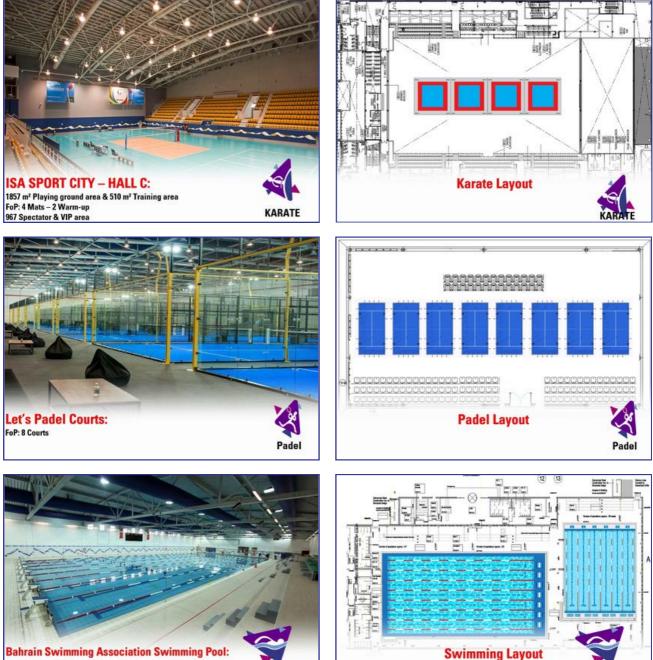








COMPETITION VENUES



SWIMMING

PARA-SWIMMING

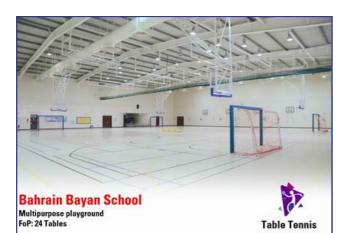
Olympic swimming pool & Diving swimming pool 50m Pool 8 Lines & 25m Pool 5m depth 267+ Spectator area PARA–SWIMMING

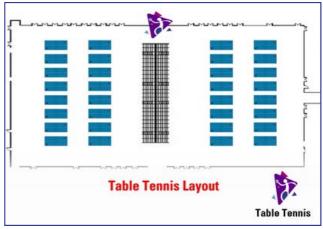




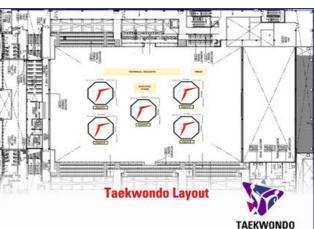
FoP: 5 Mats 967 Spectator & VIP area

COMPETITION VENUES









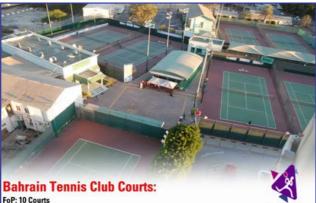






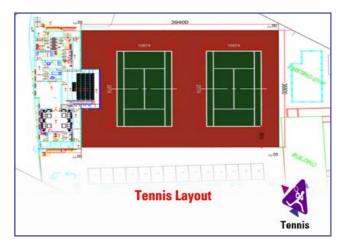
TAEKWONDO

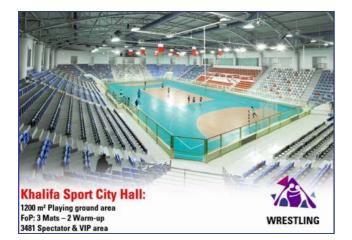




FoP: 10 Courts 220 Spectator area

Tennis









INTERNATIONAL SPORT FEDERATIONS



INTERNATIONAL Olympic Committee











SEE YOU IN BAHRAIN FOR A ONCE IN A LIFETIME EXPERIENCE

