

VOLLEYBALL

TECHNICAL RULES AND REGULATIONS



2025



VOLLEYBALL

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GENERAL	3
1. GENERAL CONDITIONS.....	3
2. DELEGATION COMPOSITION.....	4
3. SPORT PROGRAM.....	6
4. TECHNICAL RULES.....	6
5. DRAW.....	9
6. PROTESTS AND APPEALS.....	9



VOLLEYBALL

TECHNICAL RULES AND REGULATIONS

GENERAL

The purpose of the “ISF Volleyball Technical Rules and Regulations” is to provide standardised rules and regulations for all Volleyball competitions. This document is set up in accordance with the ISF Statutes, the ISF Sport Policy and the ISF General Competition Regulations.

This document is intended to ensure that all matters related to competitions are conducted in a fair and orderly manner. The specific objectives of this document are to:

1. Define and specify the **general conditions** under which participants can take part in the ISF Volleyball events;
2. Determine the **delegation composition**;
3. Determine the **sport program**;
4. Determine the **technical rules**;
5. Set the **draw** procedure;
6. Set **protests and appeals** procedure.

Please note that the technical rules and regulations are applicable to all ISF events.

1. GENERAL CONDITIONS

The competition of ISF volleyball events will be run according to the ISF rules and regulations and Federation Internationale de Volleyball (FIVB) technical rules under the direction of the ISF Volleyball Technical Commission (TC Volleyball). Any decisions over matters not mentioned in the present document will anyhow need to be taken by the ISF Technical Commission.

- The ISF Volleyball events are open to teams.
- The competition is categorized as: boy categories, girl categories.
- Mixed teams are not allowed.
- The composition of each delegation, age category and number of teams that each ISF Volleyball event is accepting will be defined for each event accordingly.

AGE CATEGORY

YEAR	U18	U15
2025	2007-2008-2009	2010-2011-2012-2013
2026	2008-2009-2010	2011-2012-2013-2014



VOLLEYBALL

TECHNICAL RULES AND REGULATIONS

2. DELEGATION COMPOSITION

Each country may enter more than 1 team per gender category.

Each delegation will consist of:

- Head of delegation - mandatory
- Student athlete(s) - mandatory
- Team officials - mandatory
- Field of Play Officials (referees/umpires/judges) - mandatory
- Additional adults - optional
- Safeguarding officer - optional
- Young report - optional

HEAD OF DELEGATION (HoD)

- There is a mandatory amount of one (1) head of the delegation per registering delegation.
- The head of the delegation shall be the sole intermediary between the delegation and the Local Organizing Committee, and the ISF.
- He/she may not combine the function with any other official role (i.e., coach, referee, etc.).

ATHLETES

- All student-athletes must be enrolled as full-time students at a school in the country in which they represent.
- All student-athletes must be attending schools that provide general education and/or vocational education incorporating segments of general education.
- Only athletes, registered on the team's list handed in at the accreditation, are authorized to take part in this competition.

The following are *not* eligible to participate:

- Attendees of vocational schools only attend a school as a complement to their vocational training and are not full-time students with a segment of general education.
- Students enrolled at schools that provide sports training without any general education.
- Team can be composed of students from different schools
- Each team is entitled to enter:
 - a minimum of eight (8) athletes,
 - a maximum of fourteen (14) athletes.
- Within the 12 or 14 players, up to 2 liberos can be listed. Delegations are allowed to register the following athletes for events:
 - 13 or 14 athletes - with 2 mandatory liberos registered.
 - 12 regular players and 0 libero
 - 11 regular players and 1 libero
 - 10 regular players and 2 liberos
 - If the team has less than 12 players only 1 libero can be listed.



VOLLEYBALL

TECHNICAL RULES AND REGULATIONS

TEAM OFFICIALS

Coaches

The presence of a coach is mandatory.

- Teams or individuals cannot participate in the competition without the presence of a coach.
- Each delegation shall enter a minimum of one (1) coach per gender
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Other Team officials

- The function of other team officials can be: doctor, trainer, physiotherapist, statistician, team manager etc.
- The presence of the other team officials is not mandatory.
- The function of the other team officials must be specified during the registration process.
- Any person not specified during registration or exceeding the limit will not be considered part of the team.

FIELD OF PLAY OFFICIAL (FoPO)

- Each team shall enter one (1) field of play official (referee).
- The Field of play officials cannot combine their position with other positions, such as heads of delegation, team officials or additional adults.
- Field of play officials (referees) shall be in possession international (FIVB) or national qualification depending on the event type. Level of qualification shall be described in the event bulletins.
- The qualification will be reviewed and approved by the ISF Volleyball technical commission. Delegations must provide certificates for field of play officials during the registration process.
- Failure to provide the required number of field of play officials(referees) will lead to a fine of 900€ (per referee) payable to the organiser prior to the competitions.

ADDITIONAL ADULTS

- The function of additional adults can be: interpreter, security personnel, ministry representative, media, etc.
- The presence of additional adults is not mandatory.
- The function of each additional adult must be specified during the registration process.
- Any other additional persons not specified during registration or exceeding the limit specified in this document will not be considered part of the official delegation and will not be accredited by the LOC.
- Number of additional adults depends on the size of the delegation. Specific numbers shall be defined in the event bulletins.



VOLLEYBALL

TECHNICAL RULES AND REGULATIONS

Safeguarding officer

The role of the safeguarding officer is to provide support to the delegation in any situation related to safety.

Young reporter

Each delegation may bring additional young students who will take the role of a young reporter during the ISF event.

3. SPORT PROGRAM

EVENTS

- **Format: Tournament by gender**
 - Boys
 - Girls

4. TECHNICAL RULES

SYSTEM OF PLAY

Please refer to the ISF General Competition Regulations.

• **First part of the competition:**

Qualification games in groups (all x all)

• **Second part of the competition:**

Classification games by a ranking system (all teams play until the final ranking is determined).



VOLLEYBALL

TECHNICAL RULES AND REGULATIONS

SPECIFIC RULES

- Net height U18: Girls: 2,24m / Boys: 2,43m
- Net height U15: Girls: 2,20m / Boys: 2,35m
- Time-interval scheduled between the beginning of 2 matches cannot be less than 1h30 (2 winning sets) and 2h00 (3 winning sets). However, if the previous game extends beyond the time, the warm-up should only start after the playing area is free and the administrative procedures of the previous game are completed. And, the game will start exactly 30 minutes after the official closing of the previous game. The referees communicate the new game time to the coaches of both teams.
- If there are no warm-up halls, the interval between the two games will not be less than 30 minutes, starting from the time of previous game score sheet closure.
- All matches will be played for 2 winning sets (2 in all games and ranking games), except ½ finals and finals (will be played for 3 winning sets).

Allocation of points for the Group matches (1st Phase):

- 2-0: W 3 points; L 0 point
- 2-1: W 2 points; L 1 point

QUALIFICATION FOR THE RANKING SYSTEM (AFTER GROUP PHASE)

1. Number of victories in all matches
2. Total points after all matches of group phase
3. Result of game between the equal teams

In phase of groups (1st phase), in case of equal points, teams will be ranked according to:

- Number of victories = teams equally ranked will be classified in descending order by the number of matches won.
- Set quotient = if the tie persists, teams equally ranked will be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost.
- Points quotient = if the tie persists as per the set quotient, teams equally ranked will be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets.
- If the tie continues as per the point quotient between two teams, the priority will be given to the team that won the last match between them.

OTHER RULES

- All teams must show up at the competition venue not later than 30 minutes before the scheduled beginning of the match.
- 30 minutes before the match, coaches deliver to the scorer all the Accreditation Cards and the “Team list” with libero and captain.
- In case a team shows up later than 15 minutes after the scheduled beginning of the match, it will automatically lose the match by 2-0 (25/0; 25/0) or 3-0 (25/0; 25/0; 25/0).
- 30 minutes before the beginning of the match, referees shall check players of both teams according to the specified lists.
- Each team must have available two sets of playing uniforms, each one of a different color. The shirts must be numbered from **1 to 22** (in front of and back of the shirts).
- Each player must wear the same number given at accreditation during the entire competition. The number is written on the accreditation card (AC).
- Match balls are to be provided by the OC (3 official balls for each court) and should comply with the regulations of the same type, approved by FIVB. Balls for warming up (2x7) will also be provided by the OC, or, eventually, brought along by the teams.
- The brand of the official competition ball shall be published in Bulletin 2.
- In games, a team is composed of: accredited players, plus – **Coaching Staff**: one (1) **coach**, a maximum of one (1) **assistant coach**, and **Medical Staff** - one (1) **team therapist** and one (1) **medical doctor**. All these elements must be listed on the score sheet and it is mandatory to present the **event accreditation cards**. **Only these accredited elements are allowed on the bench.**

5. DRAW

- The ISF is responsible for establishing, criteria's and fixing timing of the draw.
- The ISF Technical Commission is responsible of the draw.
- The draw will take into account results achieved in previous ISF Volleyball competitions and any other information relevant to ISF.

6. PROTESTS AND APPEALS

Appeals involving results or any matter not concerning discipline will be heard by the Appeal Jury. The appeal must be lodged within 30 minutes of the incident and be submitted in English. The payment of amount 50€ must accompany the appeal and is to be paid to LOC in cash. This payment will be refunded only if the appeal is upheld or at the discretion of the Appeal Jury. In the case of an unsuccessful appeal, the payment will be retained by the ISF.

VOLLEYBALL

TECHNICAL RULES AND REGULATIONS



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