Andrzej Kraśnicki - The President of the Polish Olympic Committee

AT THE 2009 SCHOOLS WORLD CHAMPIONSHIP IN QATAR, AS MANY AS 5 WORLD RECORDS WERE SET BY POLAND'S REPRESENTATIVES, SUCH AS KLAUDIA NAZIĘBŁO AND MARCIN CIEŚLAK, WHO ARE NOW PART OF THE POLISH SENIORS TEAM. IS PARTICIPATION IN SUCH EVENTS A GOOD WAY FOR YOUNG SWIMMERS TO GO ON IN THE FUTURE AND REPRESENT THEIR COUNTRY AND TAKE PART FOR INSTANCE IN THE OLYMPIC GAMES?

- Sport at school is the best possible opportunity for development in this area of life. My dream is for Poland to have as many sports schools as possible, which would focus not only on sports, but also on preparing students for their future careers, once their sports careers are over. School sports form the basis of physical development in general, so I'm glad that here in Poznan, I'm witnessing an event that brings together students talented in swimming and where one can compare the results of such schools from different countries. Of course it is very important for this development to be harmonious and for them to reach their peak form in their senior sports age. I believe that professional trainers and teachers have much experience in this area and know how to go about it.

WE ARE TALKING TODAY AT THE BEAUTIFUL MODERN RECREATIONAL SPORTS COMPLEX "TERMY MALTAŃSKIE". DOES THE POLISH OLYMPIC COMMITTEE HAVE FURTHER PLANS WITH REGARD TO THIS FACILITY IN THE FUTURE?

- The "Termy Maltańskie" complex is a subject particularly close to my heart, because it was thanks to funds and through decisions taken by the Polish Sport Confederation, of which I am chairman, that the sports facilities of this complex were built. So you could say I am one of its co-founders and its operations are very important to me. At the same time, as President of the Polish Olympic Committee, I cannot imagine further development of our Olympic water sports, such as swimming, diving and synchronized swimming without this unique facility here in Poznan.

Otylia Jędrzejczak – champion of the 2004 Olympic Games in Athens, champion and three times world record holder, European champion and record holder, and three times elected best Polish athlete.

DID YOUR SWIMMING CAREER BEGIN LIKE THESE SCHOOL CHAMPIONSHIP PARTICIPANTS, MEANING WITH COMPETITIONS FOR STUDENTS?

- I must admit that I remember very little about school competitions, except to say that in my youth they weren't held very often. I learnt, trained and prepared for competitions mainly in my school and at a club, and then pretty soon "jumped" to representation level and started competing with the best in the world. It's rather a shame really, because I think that school age is the best time to establish international connections and make friends for life. I began to have such contacts with colleagues from other countries a little later, at the junior age. But those have survived to this day, because we have been meeting up at various sporting events for many years now. So I believe that such interschool competitions as this in Poznan are wonderful moments in life and a chance that must be used to establish international connections. Of course, all the students who have come here no doubt have their own dreams, challenges and sports-related goals. Swimming as a career robs one a little of one's childhood, but in return it gives one fortitude and determination, and teaches consistency, the rules of fair play and respect for others, values that remain for the rest of one's life. If in a few days time everyone leaves Poznan with the attitude that they had a good time and were able to make new friends, they will remember this event for years to come.

WHICH SWIMMING STYLE DID YOU BEGIN WITH, WHICH OF THEM DID YOU PARTICULARLY LIKE, AND WHICH IF ANY CAUSED YOU PROBLEMS?

- In the beginning the hardest for me was diving from the starting board, but my breaststroke was pretty good and in the to 12 age category, I was even the Polish record holder. Strangely enough later, in my senior career, this was the worst style for me, my Achilles heel... There has never been any one style that I particularly loved, but each had something I liked, including diving.

Interviewed by: Mariusz Frąckowiak
RESULTS FINALS „A” - 18.04.2015

Girls, 100m Freestyle, School teams
1. JI Ting-Fang, The Affiliated Senior Hs-Tpe  58.97  
2. ZEHMISCH Michelle, Fu Sport Leip-GER  59.33  
3. DENIZ Bexza, Ozel Cevre Koleji-TUR  59.53  
4. GUENDOGDU Betuel, Ozel Cevre Koleji-TUR  1:00.56  
5. FUIERER Louise, Fu Sport Leip-GER  1:00.87  
6. BETEILLE Elisa, Lycee Raymond Naves - Fra  1:01.21  
7. MARCON Giulia, Colegio M Isabela Hendrix-BRA  1:01.42  
8. AUBAN Sara, Lycee Raymond Naves - Fra  1:01.45

Boys, 100m Freestyle, School teams
1. KALONTAROV Ziv, Omer - Israel  59.49  
2. SAKCI Huseyin Emre, Ozal Fatih Koleji-TUR  51.85  
3. JUHRA Lennard, S Friedrich Ludwig Jahn-GER  52.15  
4. PIASECKI Kamil, SFS Poznan-POL  53.02  
5. SALHOW Josha, S Friedrich Ludwig Jahn-Ger  53.12  
6. RUSEN Andrei, National Col Emil Racovita-ROU  53.43  
7. PUCHY Tomas, Sportove G Jozeffa Herdu-SVK  53.96  
8. LIAO Yu-Yeng, Taipei Mun Jianguo Hs-Tpe  1:01.20

Women, 100m Backstroke, Selected teams
1. WANG Yan, China  1:03.61  
2. HALMAI Petra, Hungary  1:04.22  
3. ASKIN Merlin, Turkey  1:05.12  
4. BOSZORMENYI Bettina, Hungary  1:05.14  
5. SU Yu, China  1:05.55  
6. FREIXO Juliana, Portugal  1:07.76  
7. FERREIRA Ana, Portugal  1:07.77  
8. BILGI Sila, Turkey  1:11.55

Men, 100m Backstroke, Selected teams
1. SZUCSIK Becone, Hungary  58.09  
2. CHEN Yan-Chi, Chinese Taipei  59.18  
3. PISNIS Berkcan, Turkey  59.84  
4. HOLLO Balazs, Hungary  1:00.90  
5. THIRUMARAN Sethumanikavel, India  1:00.99  
6. CHAVES Leonardo, Brazil  1:00.99  
7. LARANEIRA Joao, Portugal  1:01.05  
8. GURES Umiltcan, Turkey  1:13.00

Girls, 50m Breaststroke, School teams
1. DHRUIN Emma, Lycee Raymond Naves - Fra  33.35  
2. ASSMANN Juliane, Fu Sport Leip-GER  34.08  
3. VEREBELIYI Yara, Kolcey Ferenc-HUN  34.10  
4. MELLO Camila, Colegio M Isabela Hendrix-BRA  34.67  
5. GLASNER Josefine, Fu Sport Leip-GER  35.36  
6. SAVASTITA Simona A, National Col Emil Racovita-ROU  36.12  
7. EGEMEN Bige, Ozel Cevre Koleji-TUR  36.62  
8. MARTINS Ana, ES D Sancho-POR  36.68

Boys, 50m Breaststroke, School teams
1. SAKCI Huseyin Emre, Ozal Fatih Koleji-TUR  39.41  
2. ORTHEN Dominik, S Friedrich Ludwig Jahn-Ger  39.90  
3. WEN Ren-Hau, Taipei Mun Jianguo Hs-Tpe  30.01  
4. HINTZE Johannes, S Friedrich Ludwig Jahn-Ger  30.14  
5. TSIAI Hao-Hsuan, Taipei Mun Jianguo Hs-Tpe  30.43  
6. RAMOS Filipe, E S Rocha Peixoto-POR  30.59  
7. JUNIOR Paulo Ignacio, Colegio Santa Cecilia - Bra  30.72  
8. HALAS Adam, Sportove G Jozeffa Herdu-SVK  31.17

Girls, 50m Breaststroke, School teams
1. SAKCI Huseyin Emre, Ozal Fatih Koleji-TUR  39.41  
2. ORTHEN Dominik, S Friedrich Ludwig Jahn-Ger  39.90  
3. WEN Ren-Hau, Taipei Mun Jianguo Hs-Tpe  30.01  
4. HINTZE Johannes, S Friedrich Ludwig Jahn-Ger  30.14  
5. TSIAI Hao-Hsuan, Taipei Mun Jianguo Hs-Tpe  30.43  
6. RAMOS Filipe, E S Rocha Peixoto-POR  30.59  
7. JUNIOR Paulo Ignacio, Colegio Santa Cecilia - Bra  30.72  
8. HALAS Adam, Sportove G Jozeffa Herdu-SVK  31.17

Boys, 50m Breaststroke, School teams
1. BOSZORMENYI Bettina, Hungary  2:04.33  
2. BAHTOGLU Tuana Ayca, Turkey  2:04.51  
3. HOU Yashan, China  2:04.56  
4. DOKOVA Laura, Slovakia  2:04.95  
5. GONZALEZ Maria Fernanda, Brazil  2:05.01  
6. LIU Chia-Ling, Chinese Taipei  2:05.55  
7. MARKA Adrienn, Hungary  2:06.12  
8. PISMIS Berkcan, Turkey  2:06.84

Women, 200m Freestyle, Selected teams
1. AN Ting-Yao, Chinese Taipei  51.48  
2. MARTON Richard, Hungary  51.50  
3. HOLLO Balazs, Hungary  51.59  
4. CHIN Yao-Ting, Chinese Taipei  51.81  
5. COUTO Joao Pedro, Brazil  58.30  
6. ALBUQUERQUE Rodrigo, Portugal  58.25  
7. PISMIS Berkcan, Turkey  59.32  

Men, 200m Freestyle, Selected teams
1. DRHOUIN Emma, Lycee Raymond Naves - Fra  1:00.56  
2. MARTON Richard, Hungary  1:00.57  
3. HOLLO Balazs, Hungary  1:01.01  
4. LI Xiaochen, China  1:01.42  
5. CHIN Yao-Ting, Chinese Taipei  1:01.50  
6. COUTO Joao Pedro, Brazil  2:04.39  
7. BLAGOJEVIC Jusuf, Turkey  2:04.51  
8. MARTINS Ana, ES D Sancho-POR  2:04.87

Girls, 100m Backstroke, School teams
1. HSU An, The Affiliated Senior Hs-Tpe  1:05.47  
2. BOGEN Bianca, Fu Sport Leip-GER  1:05.66  
3. MARSCH Lea, Fu Sport Leip-GER  1:06.41  
4. YAZICI Eda, Ozal Cevre Koleji-TUR  1:07.83  
5. KALONTAROV Ziv, Omer - Israel  1:08.03  
6. BOCAN Beatrice S, National Col Emil Racovita-ROU  1:08.07  
7. ARAUJO Graca, ES D Sancho-POR  1:09.29  
8. DENIZ Beyza, Ozal Cevre Koleji-TUR  1:11.63

Boys, 100m Backstroke, School teams
1. MUELLER Franz, S Friedrich Ludwig Jahn-Ger  57.71  
2. GOR Rasim Ogulcan, Ozal Fatih Koleji-TUR  57.79  
3. OZKUL Berk, Ozal Fatih Koleji-TUR  57.90  
4. KALONTAROV Ziv, Omer - Israel  58.45  
5. CHEN Shih-Han, Taipei Mun Jianguo Hs-Tpe  58.68  
6. SCHOLTZ Jan, S Friedrich Ludwig Jahn-Ger  59.30  
7. ZHOU Fengchi, Tianjin Yaohua High School-CHN  1:00.95  
8. AN Ting-Yao, Chinese Taipei  1:01.42

Boys, 100m Backstroke, School teams
1. MUELLER Franz, S Friedrich Ludwig Jahn-Ger  57.71  
2. GOR Rasim Ogulcan, Ozal Fatih Koleji-TUR  57.79  
3. OZKUL Berk, Ozal Fatih Koleji-TUR  57.90  
4. KALONTAROV Ziv, Omer - Israel  58.45  
5. CHEN Shih-Han, Taipei Mun Jianguo Hs-Tpe  58.68  
6. SCHOLTZ Jan, S Friedrich Ludwig Jahn-Ger  59.30  
7. ZHOU Fengchi, Tianjin Yaohua High School-CHN  1:00.95  
8. AN Ting-Yao, Chinese Taipei  1:01.42

ISF Swimming 2015 World Schools Championship Poznan/Poland
RESULTS FINALS „A” – 18.04.2015

Girls, 50m Butterfly, School teams
1. ELMER Selma, Ozel Cevre Koleji-TUR 27.94
2. LOPES Camila, Colegio M Isabela Hendrix-BRA 28.79
3. MARSH Lea, Sport Leip-GER 30.05
4. JI Ting-Fang, The Affiliated Senior Hs-Tpe 30.15
5. TRAFAS Kornelia, SzSz Poznan-POL 30.21
6. ZEHMISCH Michelle, Sport Leip-GER 30.43
7. BINCISKI Fruszina, Kolcey Ferenc-HUN 30.45
8. EGEMEN Bige, Ozel Cevre Koleji-TUR 30.65

Boys, 50m Butterfly, School teams
1. OZKUL Berk, Ozel Fatih Koleji-TUR 25.23
2. JUHRA Lennard, S Fiedrich Ludwing Jahn-GER 25.66
3. HINTZE Johannes, S Fiedrich Ludwing Jahn-GER 25.67
4. GOR Rasim Ogulcan, Ozel Fatih Koleji-TUR 25.75
5. CHENG Yu-Hong, Taipei Mun Jianguo Hs-Tpe 25.92
6. LIAO Yu-Yeng, Taipei Mun Jianguo Hs-Tpe 26.00
7. PIASECKI Kamil, SzSz Poznan-POL 26.28
8. BASARABIE Mihai, National Col Emil Racovita-ROU 26.48

Women, 50m Butterfly, Selected teams
1. SZOKOL Szonja, Hungary 27.67
2. MOLNAR Flora, Hungary 28.09
3. CHEN Yu-Rong, Chinese Taipei 28.87
4. SOUZA Eduarda, Brazil 29.19
5. HOU Yushan, China 29.29
6. CHEN Pin-Hsuan 18, Chinese Taipei 29.41
7. SU Yu, China 29.44
8. ASKIN Merlin, Turkey 30.20

Boys, 6 x 50m Freestyle, School teams
1. S Fiedrich Ludwing Jahn-GER 2:44.74
2. Ozel Cevre Koleji-TUR 2:46.45
3. Chinese Taipei 2:48.62

Women, 100m Breaststroke, Selected teams
1. LIN Pei-Wun, Chinese Taipei 1:11.58
2. KARDOS Viktoria, Hungary 1:12.62
3. CARDOSO Thayanne, Brazil 1:13.29
4. YAN Yuxin, China 1:13.41
5. HUNG Chien-Yu, Chinese Taipei 1:13.49
6. LEMOS Leticia Camilo, Brazil 1:15.15
7. BILGI Sila, Turkey 1:16.95
8. SILVA Maria, Portugal 1:17.90

Men, 100m Breaststroke, Selected teams
1. OLIVEIRA Caua Vinicius, Brazil 1:04.29
2. CHEN Chih Ming, Chinese Taipei 1:05.03
3. MIKSI Richard, Hungary 1:05.05
4. CILOGLU Tunchan Cem, Turkey 1:05.26
5. KUMKUMOGLU Kemal, Turkey 1:05.42
6. VIEIRA Yuri, Brazil 1:05.44
7. CHEN Kaixuan, China 1:07.63
8. ARORA Ansh, India 1:09.01
ISF Swimming 2015 World Schools Championship Poznan/Poland

FINALS

Express MAGAZINE no 3: 18/04/2015 (Day 3)
Name: Dragon Boat Race Festival for competitors of the World Schools Swimming Championship  
Date: 20.04.2015 (Monday), 9.30 – 11.30.  
Place: MALTA Regatta Course Poznań  
(3 Wiankowa Street)  

**Competition rules**  
1. 300 people will participate in the competition.  
2. The participants start in ten-man boats.  
3. The participants will be assigned to boats by means of a draw. Prior to the beginning of the competition, each participant will be assigned by the Organizing Committee of the World Schools Swimming Championship to a particular crew. Crews will be distinguished by stickers with numbers worn in a visible place on their suits.  
4. All participants are required to wear a life jacket.  
5. The regatta will take place over a distance of 200 metres with 4 crews racing at a time.  
6. The start of each race involves arriving on the starting line on the command "Ready – set – Go!", and participants will start rowing on the word GO.  
7. Every crew will take to the water approximately 10 minutes before the start of their race. Additionally, every crew should turn up on the pier at least 10 minutes before taking to the water.  
8. Races will start every 15 minutes.  
For safety reasons - only those participants entering and leaving their boats may have access to the pier (from where participants take to the water).  

**General Plan for the competition:**  
1. A technical briefing will take place on 20.04.2015 at 9.30.  
2. The first race is planned for 10.00.  

**The manner of conducting the regatta:**  
The organiser of the regatta provides the boats, along with equipment and coxes, life guard services for the competition, and life jackets, which must be worn by all participants.  

**Final provisions:**  
The competition will be managed by judges of the Polish Canoe Federation. In the event of any dispute, the judge's decision is final and not subject to discussion.  

**PLEASE NOTE! Participants should bring bottled water and an extra set of dry clothes.**  

**Competition organiser:** KS Stomil Poznań, e-mail: poznanskiedragony@wp.pl
PROGRAMME 19.04.2015 - SUNDAY (Day IV)

8.45 – 12.30 Competition - heats and official medals ceremony
(18.04.2015 finals after each 4 events - Termy Maltańskie, swimming pool)

- Girls, 100m Butterfly, School teams, heats 1 - 4
- Boys, 100m Butterfly, School teams, heats 1 - 4
- Women, 100m Freestyle, Selected teams, heats 1 - 3
- Men, 100m Freestyle, Selected teams, heats 1 - 3
- Girls, 50m Backstroke, School teams, heats 1 - 4
- Boys, 50m Backstroke, School teams, heats 1 - 4
- Women, 100m Butterfly, Selected teams, heats 1 - 3
- Men, 100m Butterfly, Selected teams, heats 1 - 3
- Girls, 200m Medley, School teams, heats 1 - 5
- Boys, 200m Medley, School teams, heats 1 - 4
- Women, 50m Backstroke, Selected teams, heats 1 - 3
- Men, 50m Backstroke, Selected teams, heats 1 - 3
- Girls, 50m Freestyle, School teams, heats 1 - 4
- Boys, 50m Freestyle, School teams, heats 1 - 4
- Women, 50m Breaststroke, Selected teams, heats 1 - 3
- Men, 50m Breaststroke, Selected teams, heats 1 - 2
- Girls, 100m Breaststroke, School teams, heats 1 - 4
- Boys, 100m Breaststroke, School teams, heats 1 - 4
- Women, 50m Freestyle, Selected teams, heats 1 - 3
- Men, 50m Freestyle, Selected teams, heats 1 - 3
- Girls, 4 x 50m Medley, School teams, heats 1 - 2
- Boys, 4 x 50m Medley, School teams, heats 1 - 2
- Women, 4 x 100m Medley, Selected teams, heat 1
- Men, 4 x 100m Medley, Selected teams, heat 1

12.30 – 14.00 Lunch for Members of the competition (Termy Maltańskie, Restaurant)
14.45 – 17.30 Competition – finals A & B (official medals ceremony after each 3 finals A for the top three places), time to go to hotel for one member of delegation to bring materials for Friendship Evening

15.00 bus to SWARZĘDZ – INDIA, FRANCE, LUXEMBURG, BELGIUM FLANDERS
16.20 bus to hotel IKAR – TURKEY, CHINESE TAIPEI, HUNGARY;
hotel NARAMOWICE – ROMANIA; hotel FRAYPLAYCE - BRAZIL

17.15 Coaches' meeting before the Friendship Evening and Relay - dragon boats
17.00 – 19.00 Dinner (Termy Maltańskie, Restaurant)
19.00 Friendship Evening (Termy Maltańskie, venue - Hall), after the party transfer to accommodation
22.00 Departure to Hotels
22.30 Night's rest

Redakcja Express MAGAZINE:
Mariusz Frąckowiak, Marcin Czajko, Dariusz Abramuk, Zdzisław Urbańczyk, Ryszard Bielą

Wydawca: SZS „Wielkopolska” www.isfswimming2015.eu
FIRST DAY RESULT FOR SCHOOL TEAM GIRL

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FIRST DAY TEAM RESULT FOR SCHOOL TEAM BOYS

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